

A Little Crazy

COPPER KNOB
BY STEPHEN

拍数: 72 墙数: 4 级数: Phrased Improver / Intermediate
编舞者: Johnny Brast (USA) & Tammy Bruner - August 2008
音乐: All My Friends Say - Luke Bryan



Phrased: AAAB, AAAB, AA(1-16)C, AB, A(1-16)Tag, AA

PART A

GRAPEVINE R, SHUFFLE, ROCK ACROSS, RECOVER, SHUFFLE L W/ 1/4 TURN L

1-2 Step R to the R side (1), cross L behind R (2)
3&4 Step R to R side (3), step L together (&), step R to R side (4)
5-6 Cross / Rock L over R (5), recover onto R (6)
7&8 Step L to L side (7), step R together (&), making 1/4 turn L, step L fwd (8)

TOE & HEEL, TURN 1/4 R, BEHIND-SIDE-CROSS, POINTS

1&2 Touch R toe next to L (1), step R home (&), tap L heel slightly fwd (2)
&3-4 Step L next to R (&), touch R toe next to L (3), 1/4 turn on R (4) (taking weight on R)
5&6 Cross L behind R (5), step R to the R side (&), cross L over R (6)
7&8 Point R toe to R side (7), point R toe next to L (&), point R toe to R side (8)

TOE & HEEL, STEP, SCUFF, ROCK ACROSS, RECOVER, SHUFFLE L TURN 1/4

1&2 Touch R toe next to L (1), step R together (&), touch L heel slightly fwd (2)
&3-4 Step L home (&), slide / step R to the R (3), scuff L across R (4)
5-6 Cross / Rock L over R (5), recover onto R (6)
7&8 Step L to L side (7), step R together (&), making 1/4 turn to the L, stepping L fwd (8) (facing 9:00)

STEP FWD TURN 1/2 L, KNEE POPS, TAP, KICK-BALL-CHANGE, TAP

1-2 Step R fwd (1), pivot on L ft turning L (2)
3-4 Drag R ft next to L while bringing L ft back and popping L knee up (3), pop R knee with L ft as weight (4), (Option: Walk R (3), walk L (4))
5 Tap R toe next to L (5)
6&7 Kick R ft fwd (6), step R ft home (&), step L ft home (7)
8 Tap R toe next to L (8)

PART B (First 16 counts in Part A, At the end of the 3rd, 6th, and 9th walls)

V-STEP, SAILOR STEPS

1-2 Step R fwd diagonally fwd (1), step L to side (2)
3-4 Step R back to home (3), step L together (4)
5&6 Cross R behind L (5), step L to L side (&), step R to R side (6)
7&8 Cross L behind R (7), step R to R side (&), step L to L side (8)

FORWARD OUT, OUT, HOLD, BACK IN, IN, HOLD, TWISTS (WIGGLES)

&1-2 Hop fwd stepping R (&), step L fwd about shoulder wide apart (1), hold (2)
&3-4 Hop back to home stepping R (&), step L to home (3), hold (4)
5&6& Bump hips R (5), L (&), R (6), L (&)
7&8& Bump hips R (7), L (&), R (8), L (&)

PART C (After the first 16 counts of Part A on the 8th wall, facing 12:00)

TURN 1/4 R, HEEL TAPS, ELVIS KNEES (BUTT SHAKES)

1-4 Making 1/4 turn R, Step R toe fwd (facing 12:00) (1), hold for three counts, while bouncing R heel three times (2-4)
&5-6 Step R in place while pointing L toe diagonally fwd (&), tap L heel down twice (5,6)

- 7 Tap L heel down, take weight (7)
8&1 Twist R knee in (8), out and at the same time twisting L knee in (&), in taking weight on R keeping L knee twisted in on ball of L ft (1) (can wiggle butt L,R,L for simplicity)

HEEL TAPS, MILITARY 1/2 TURN L PIVOTS

- 2-4 Hold for 3 counts, while at the same time bouncing R heel three times (2-4)
5-6 Step R fwd (5), making 1/2 turn L (6) (weight on L)
7-8 Step R fwd (7), making 1/2 turn L (8) (weight on L)

(Taps can be replaced with Holds)

STEP-HOLD, STEP-HOLD, ROCK, RECOVER OR SWAY

- 1-2 Step R fwd (1), hold (2)
3-4 Step L fwd (3), hold (4)
5-6 (in a sway movement) Rock R to R side and sway hips R (5), recover on L and swap hips L (6)

Tag: (After the first 16 counts of Part A on the 10th wall, facing 6:00)

STEP FWD, TURN 1/4 L, ROCK, RECOVER OR SWAY

- 1-2 Step R fwd (1), 1/4 turn L taking weight on L ft (2) (facing 12:00)
3-4 (in a sway movement) Rock R to R side and sway hips R (3), recover on L and swap hips L (4)

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