

(Rather Be) Without

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Ben Heggy (USA) - January 2013
音乐: Without - Jack Savoretti : (Album: Between The Minds)



*This is really a two wall dance, but due to the restarts, you will change from dancing on 12:00 and 6:00 to dancing on 3:00 and 9:00 and then change back to 12:00 and 6:00.

Start: On lyrics, 16 counts,

NC Basic, Quarter, Chase turn, Rock forward, Rock side, Rock behind

- 1-2& Big step right to the side; Rock left behind right; Recover weight to right.
- 3-4& Turn ¼ turn left and step left forward (9:00); Step right forward; Pivot ½ turn left, weight on left (3:00).
- 5-6& Step right forward; Cross rock left over right; Recover weight to right.
- 7& Rock left to the side; Recover weight to right.
- 8& Cross rock left behind right; Recover weight to right.

NC Basic, Rolling vine, Cross, Side Rock, Recover, Cross, Side Rock, Recover, Cross

- 1-2& Big step left to the side; Cross rock right behind left; Recover weight to left.
- 3-4& Turn ¼ turn right and step right forward(6:00); Turn ½ turn right and step left back(12:00); Turn ¼ turn right and step right to the side(3:00).
- 5 Cross left over right.
- 6&7 Rock right out to the side; Recover weight to left; Cross right over left.
- &&8 Rock left out to the side; Recover weight to right; Cross left over right.

Restart here on walls 4 and 7

NC Basic, Quarter, Half, Back, Back, Back rock, Recover, Forward rock, Recover, Side rock, Recover

- 1-2& Big step right to the side; Rock left behind right; Recover weight to right.
- 3-4& Turn ¼ left and step left forward (12:00); Turn ½ left and step right back (6:00); Step back on left.
- 5 Step back on right.
- 6& Rock left back; Recover weight to right.
- 7& Rock left forward; Recover weight to right.
- 8& Side rock left; Recover weight to right.

Cross, Spiral, Forward, Lunge, Recover, Back, Back, Touch, Behind, Touch, Behind, Touch, Behind

- 1-2& Cross left over right; Spiral full turn right(6:00); Step forward on right;
- 3-4& Lunge left forward; Recover weight to right; Step back on left (6:00).
- 5 Step right back.
- 6& Touch left next to right; Cross left behind right.
- 7& Touch right next to left; Cross right behind left.
- 8& Touch left next to right; Cross left behind right.

Repeat

Restarts: During walls 4 and 7, dance the first 16 counts and Restart.

On wall four, you will be facing 9:00 when the restart occurs, and you will now be dancing the dance facing the side walls.

On wall seven you will be facing 12:00 when the restart occurs, and you will now be back to dancing the dance facing front and back.

Ending: On wall 11, you will dance 24 counts of the dance and the beat will end facing front, a jingling sound will continue for some time after the last beat.

With your hands open flat, raise both hands in front of you, and slowly lower them in an arc to each side, quivering your hands like leaves in a gentle breeze.

Contact: ben.heggy@gmail.com
