Only One Woman

拍数: 48

1-3

4-6

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4-6

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1-3

级数: Improver - waltz

编舞者: Micaela Svensson Erlandsson (SWE) - December 2012

音乐: Only One Woman - Alien

Intro 54 counts (6x9) Section 1: Slow Chasse right, Cross rock forward left, Side Step right to right, close left beside right, Step right to right. Cross rock forward on left. Rock back onto right, Step left to left side. Section 2: Right Twinkle, Left Twinkle ¼ turn left Cross step right over left. Step left to left side. Step right in place. Cross step left over right. Step right to right side. Turn ¼ left stepping forward on left. Section 3: Step, Hitch left, Kick left forward, Step left back, turn ½ right Stepping forward on right, Step left forward Step forward on right, Hitch left knee up, Kick left foot forward Step back on left, Turn 1/2 right stepping forward on right foot, step left foot forward Section 4: Step forward on right, Hitch left, Kick left forward, Basic Waltz Step back left. Step forward on right, Hitch left knee up, Kick left foot forward Step back left. Step right beside left. Step left beside right Section 5: Right Twinkle, Cross, Side, Behind Cross step right over left. Step left to left side. Step right in place. Cross left over right, Step right to right side, Cross left behind right Section 6: Long step right, drag left beside right, Turn ¼ left, Turn ½ left, Turn ¼ left. Take a long step to the right with right, Drag left towards right Turn ¼ left Stepping left forward, Turn /2 left stepping back on right, Turn ¼ left stepping left to left Section 7: Cross rock forward right, Side Cross, Side, Behind Cross rock forward on right. Rock back onto left, Step right to right side. Cross left over right, Step right to right side, Cross left behind right Section 8: Long step right, drag left beside right, Long step left, drag right beside left, Take a long step to the right with right, Drag left towards right Take a long step to the left with left, Drag right towards left Tag 1-After wall 2, 4 and 6 (18 counts) Section 1: Right Twinkle, Left Twinkle Cross step right over left. Step left to left side. Step right in place.

4-6 Cross step left over right. Step right to right side. Step left in place.

Section 2: Cross, Side, Behind, Long step left, Drag right beside left.

- 1-3 Cross right over left, Step left to left, Cross right behind left.
- 4-6 Take a long step to the left with left, Drag right towards left

Section 3: Long step right, Drag left beside right, Long step left, Drag right beside left.

- 1-3 Take a long step to the right with right, Drag left towards right
- 4-6 Take a long step to the left with left, Drag right towards left





墙数:4

Tag 2- After Wall 5(6 counts) Long step right, drag left beside right, Long step left, drag right beside left.

- Take a long step to the right with right, Drag left towards right 1-3
- Take a long step to the left with left, Drag right towards left 4-6

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