

Better Dig Two

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lois Klender (USA) - December 2012
音乐: Better Dig Two - The Band Perry : (slow)



Alt. music: Relentless by Jason Aldean (faster)

Start dancing on lyrics

Heel & toe, Shuffle (Right & Left)

1-2 Tap right heel forward, tap right toe behind
3&4 Shuffle forward (right, left, right)
5-6 Tap left heel forward, tap left toe behind
7&8 Shuffle forward (left, right, left)

Rock-Recover, Behind-Side-Cross (Right & Left)

1-2 Rock right to the side, recover left
3&4 Step right behind left, step left to the side, cross right over left
5-6 Rock left to the side, recover right
7&8 Step left behind right, step right to the side, cross left over right

Syncopated Right Grape Vine with ¼ Turn, Step Pivot 1/4, Cross Shuffle

1-2 Step right to the side, left behind
3&4 Right side shuffle with ¼ turn right (right, left, right)
5-6 Step left pivot ¼ turn right
7&8 Cross shuffle (step left across right, step right, step left across right)

Big Step, Tap, Rock-Recover, Tap (Right & Left)

1-2 Take a big step to the side with right, tap left
3&4 Rock left back, recover right, tap left next to right
5-6 Take a big step to the side with left, tap right
7&8 Rock right back, recover left, tap right next to left

REPEAT

TAG: Better Dig Two: When the music slows down to a stop on wall 6 (the back), finish counts 13-16 (left rock, recover right, behind-side-cross), then add the following:

1-2 Hold two counts

On the downbeat of the drums:

3-4 Bump right-left
5-6 Bump right-left

Restart

Facebook: Country Line Dancing with Lois

Contact: loisklender@yahoo.com