

# Swing Thing-A-Ling

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Christina Johnsson (SWE) & Urban Danielsson (SWE) - January 2013  
音乐: Mood Swing Thing-A-Ling - Sally Burgess : (CD: Reach for the Rhythm)



16 counts intro, starts on vocal (available at Itunes)

Tag / Restart: There is one Restart during wall 4.

## Section 1: Cross toes touch and small step forward x 4

1-2                      Touch right toes in front of left foot, step right foot small step forward  
3-4                      Touch left toes in front of right foot, step left foot small step forward  
5-6                      Touch right toes in front of left foot, step right foot small step forward  
7-8                      Touch left toes in front of right foot, step left foot small step forward

## Section 2: Run x 3, hold, step ½ pivot, step forward

9-10                     Step right small step forward, step left small step forward  
11-12                    Step right small step forward, hold  
13-14                    Step left forward, ½ pivot turn right step down on right foot (6:00)  
15-16                    Step left foot forward, hold

## Section 3: ½ turn x 2, step forward, hold, kick-ball-point, hold

17-18                    ½ turn left step right back, ½ turn left step left forward  
19-20                    Step right foot forward, hold

### Easy option: Counts 17-20: Run, run, run, hold

[17-20] Step right small step forward, step left small step forward, Step right small step forward, hold

21-22                    Kick left foot forward, step down on left next to right  
23-24                    Point right toes to right side, hold

## Section 4: Jazz box, Dwight swivels to right

25-26                    Cross right over left foot, step back on left foot  
27-28                    Step right to right side, step left next to right  
29-30                    Swivel left heel right touching right toes beside left, swivel left toes right touching right heel diagonally forward right  
31 - 32                   Swivel left heel right touching right toes beside left, swivel left toes right touching right heel diagonally forward right

Restart: Restart the dance from the beginning on wall 4.

Easy option: Counts 29-32: Vine right, step cross

[29-32] Step right to right, step left behind right, step right to right, step left across in front of right

## Section 5: Side rock-recover, step cross, hold, ¼ turn right x 2, step cross, hold

33-34                    Rock right to right side, recover weight onto left  
35-36                    Step right foot across in front of left, hold  
37-38                    ¼ turn right step back on left foot, ¼ turn right step side on right foot (12:00)  
39-40                    Step left foot across in front of right, hold

## Section 6: Monterey ¼ right, kick, hook, kick, flick

41-42                    Point right toes to right side, ¼ turn right step right next to left foot (3:00)  
43-44                    Point left toes to left side, step left foot next to right  
45-46                    Kick right foot forward, hook right foot over left  
47 - 48                   Kick right foot forward, flick right foot back

Easy option: Counts 45-48: Heel dig, hook, heel dig, flick

[45-48] Dig right heel forward, hook right over left, dig right heel forward, flick right back

**RESTART and ENJOY!**

**Ending: Jazz box ¼ turn right, point, touch, point and pose**

**On wall 9 replace section 4 with the following steps:**

25–26            Cross right over left foot, step back on left foot

27–28            Turn ¼ right step right to right side, step left next to right (12:00)

29–30            Point right toes to right side, touch right next to left

31–32            Point right toes to right side, hold and pose

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