

I'm Alive

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: I'm Alive - Céline Dion



Intro: 24 count (on the heavy beat)

Section 1: Stroll Forward, Point Left, Stroll Back, Point Right.

1-2 Step forward right. Step forward left.
3-4 Step forward right. Point left toe to left side.
5-6 Step back left. Step back right.
7-8 Step back left. Point right toe to right side.

Section 2: Cross Step Right, Left Beside, Sway, Cross Step Left, Right Beside, Sway.

1-2 Cross right over left. Put left foot beside.
3-4 Hips left. Hips right.
5-6 Cross left over right. Put right foot beside.
7-8 Hips right. Hips left.

Section 3: Shuffle Forward, Big Step Left, Slide Right Behind, Touch, Rocking Chair.

1 & 2 Shuffle forward right.
3-4 Big step to left. Drag right foot behind, touch to left foot.
5-6 Rock right forward, recover to left.
7-8 Rock right back, recover to left.

Section 4: Step Forward, Step 1/4 Turn Left, Cross Right Behind, Left Beside, Step Forward, Pivot 1/2 Turn Left, Step Forward, Pivot 1/2 Turn Left.

1-2 Step forward right. Turn left a quarter.
3-4 Cross right foot behind left. Left foot beside.
5-6 Step forward right foot. Step 1/2 turn to left.
7-8 Step forward right foot. Step 1/2 turn to left.

TAG: Hold (4 count Tag) after 7th wall.

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