

Pa-Dum-Bum

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 2 级数: Beginner
编舞者: Amy Christian (USA) - December 2012
音乐: Inside Out (Latin Mix) - Imelda May & Blue Jay Gonzalez



Intro: See notes below.

BACK MAMBO, FWD SHUFFLE, FWD MAMBO, ¼ TURN SIDE SHUFFLE,
1&2 Rock back on R, Recover on L, Step fwd on R, (Back Mambo,)
3&4 Shuffle fwd L,R,L,
5&6 Rock fwd on R, Recover on L, Step back on R, (Fwd Mambo),
7&8 ¼ Turn left, Shuffle to the left side, L,R,L,

CROSS, RECOVER, SIDE, - X2, SIDE SHUFFLE, HINGE ¼ TURN L, BUMP R, BUMP L,
1&2 Cross R over L, Recover on L, Step R to right side,
3&4 Cross L over R, Recover On R, Step L to left side,
5&6 Right side shuffle R,L,R,
7 Slow ¼ hinge turn left, stepping L to left side (feet are apart),
&8 Bump right, Bump left, (There is a slight pause after count 7, just before the Bumps.
So the counts for the bumps feel like it should be, a8. The music will tell you when to hit those drums, with the bumps!

Start over!

INTRO: For a fun intro, you have 2 choices,..

(A) Stand with feet apart facing front wall (12:00) and Bump R, Bump L, before you start the dance on the lyrics!

Or
(B) Stand with feet apart facing BACK WALL (6:00), After 15 counts on music, Bump R (&), Bump L (16) on the drums, Then do these 8 counts twice and it will bring you to the front wall, to start the dance on the lyrics.
BACK MAMBO, FWD MAMBO, SHUFFLE BACK, ¼ HINGE TURN L, BUMP R, BUMP L,

1&2 Rock back on R, Recover on L, Step fwd on R, (Back Mambo,)
3&4 Rock fwd on L, Recover on R, Step back on L, (Fwd Mambo),
5&6 Shuffle Backwards R,L,R,
7&8 ¼ Hinge turn left, stepping L to left side (feet are apart), Bump right, Bump left,

Contact - Email: amy@linefusiondance.com - Website: www.linefusiondance.com