

Beauty and a Beat

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Karen Hannaford (NZ) - December 2012
音乐: Beauty and a Beat (feat. Nicki Minaj) - Justin Bieber : (Album: Believe - deluxe edition)



[1-8] VINE ¼ R, VINE L,

1,2,3,4 Step R to right side, cross L behind R, step R to right side, turn ¼ right and tap L beside right [3:00]
5,6,7,8 Step L to left side, cross R behind left, step L to left side, tap R beside L. [3:00]

[9-16] ½ PIVOT, ½ PIVOT, JAZZ SQUARE WITH A TAP.

1,2 Step R fwd, pivot ½ weight on L [9:00]
3,4 Step R fwd, pivot ½ weight on L [3:00]
5,6,7,8 Cross R over left, step L back, step R to right side, tap L beside right [3:00]

[17-24] SHUFFLE L, TURN ¼ LEFT AND SHUFFLE R, TURN ¼ LEFT AND SHUFFLE L, HEEL GRIND 1/4 R

1&2 Step L to left side, step R beside left, step L to left side [3:00]
3&4 Turn ¼ left and step R to right side, Step L next to right, Step R to right side [12:00]
5&6 Turn ¼ left and step L to left side, step R beside left, step L to left side [9:00]
7,8 Touch R heel fwd, Grind heel ¼ turn R weight on left. [12:00]

[25-32] COASTER STEP, ½ PIVOT, HALF SHUFFLE, HALF, TOGETHER.

1&2 Step back on R, step L beside right, Step R fwd [12:00]
3,4 Step L fwd, pivot ½ right taking weight on R [6:00]
5&6 turn ¼ right and step L to left side, step R beside left, turn ¼ right and step L back [12:00]
7,8 Turn 1/2 right and step R fwd, step L next to right (make sure your weight is on L) [6:00]

[33-40] SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE, CROSS ROCK

1&2 Step R to right side, step L beside right, step R to right side
3,4 Cross rock L over right, recover weight to R
5&6 Step L to left side, step R beside left, step L to left side
7,8 Cross rock R over left, recover weight to L [6:00]

[41-48] 1 ½ TURN, ROCK BACK, RECOVER, SIDE SHUFFLE

1,2 Turn ¼ right and step R fwd, turn ½ right and step back on L, [3:00]
3,4 Turn ½ right and step fwd on R, turn ¼ right and step L to side [12:00]
5,6 Rock back on R, recover weight to L
7&8 Step R to right side, step L next to right, step R to right side [12:00]

[49-56] BEHIND, POINT SIDE, POINT FRONT, POINT SIDE, SLAP, TOUCH, SLAP, TOUCH.

1,2,3,4 Step L behind right, point R to right side, point R to front, point R to right side
5,6 Flick R foot up behind left knee and slap with left hand, touch R to right side
7,8 Flick R foot up behind left knee and slap with left hand, touch R to right side [12:00]

[57-64] CROSS, 1/4, COASTER STEP, ROCK, RECOVER, COASTER STEP

1,2 Cross R over left, Turn ¼ right and step back on L
3&4 Step back on R, step L beside right, step R fwd
5,6 Rock fwd on L, recover weight to R
7&8 Step back on L, step R beside left, step L fwd [3:00]

TAG – At the end of walls 2 [facing 6:00] & 6 [facing 12:00] This is easier to do than it looks on paper!

[1-8] VINE ¼ RIGHT, SIDE-TOG-SIDE-TOG, SIDE, TOGETHER

1,2,3,4 Step R to right side, cross L behind R, step R to right side, turn ¼ right and tap L beside right
5&6&7,8 Step L to left side, Step R beside left, Step L to left side, Step R beside left, Step L to left side, Step R beside left

[9-16] JUMP OUT, CROSS, OUT, CROSS, SIDE ROCK, TOG, SIDE ROCK, TOG.

1,2,3,4 Jump feet apart, jump R foot crossed over L, Jump feet apart, jump L foot crossed over R
 {Ending happens here, count 28, second tag}

(NON JUMP OPTION: Step R fwd on R diagonal, step L to left side, step R back to original position, step L beside right)

5,6&7,8& Rock R to right side, recover weight on L, step R beside L, Rock L to left side, recover weight on R, step L beside R

[17-32] REPEAT COUNTS 1-16.

ENDING After wall 6, dance 28 counts of the tag and then:

Turn ¼ left and step back on R, turn ¼ left and step L to side, step R fwd, touch L behind right.

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