

Amor A La Mexicana Banda

COPPER KNOB
BY SHEETS

拍数: 96 墙数: 1 级数: Phrased High Improver
编舞者: Anthony Kusanagi (INA) & Deshimona (INA) - December 2012
音乐: Amor a la Mexicana (Emilio Mix) - Thalia : (Album: Thalia con Banda Grande Exitos)



Sequence : A Tag BBB A Tag BB Tag CC HOLD B Ending

Note : The dance will start on vocal, count 1 will be on "quie.." of "quiero" .. use the style of salsa, cumbia and ranchero.

A : 32 COUNTS

A1. SIDE MAMBO STEP TO RIGHT & LEFT

1&2 R foot steps to right side, recover to L foot, R foot steps next to L foot
3&4 L foot steps to left side, recover to R foot, L foot steps next to R foot
5&6 R foot steps to right side, recover to L foot, R foot steps next to L foot
7&8 L foot steps to left side, recover to R foot, L foot steps next to R foot

A2.FORWARD LOCK STEP - PIVOT ½, (2x)

1&2 R foot steps forward, L foot locks behind R foot, R foot steps forward
3&4 L foot steps forward, (turn ½ to Right) R foot steps forward, L foot steps forward
5&6 R foot steps forward, L foot locks behind R foot, R foot steps forward
7&8 L foot steps forward, (turn ½ to Right) R foot steps forward, L foot steps forward

A3.CHARLESTON – ANKLE TWIST FORWARD & BACKWARD

1&2 R foot steps forward (with ronde action), L foot steps on the spot, R foot steps backward (with ronde action)
3&4 L foot steps backward (with ronde action), R foot steps on the spot, L foot steps forward (with ronde action)
5&6 R foot touches forward then do the twist to L-R-L
7&8 R foot touches backward then do the twist to L-R-L

A4.CROSS OVER, STEP LOCK, TRIPLE CHA

1&2 R cross over L, L step backward, R step to R side
3&4 L step forward, R lock behind L, L step forward
5&6 R step next to L, L step next to R, R step to R side
7&8 L step next to R, R step next L, L step to L side

TAG : 6 COUNTS

TOE HEEL CROSS, CHEST BUMPING

1&2 R foot touches next to L foot, R foot touches on heel on R side, R foot crosses over L foot
3&4 L foot touches next to R foot, L foot touches on heel on L side, L foot crosses over R foot
5&6 R foot steps next to L foot then bump forward the chest 3 (three) times

B : 32 COUNTS

B1.OPEN LEG STANDING with BOTH FIST UP on EACH SIDE, HIT CHEST 2 times with RIGHT HAND, DRAG LINE

1 2 3 4 Open both legs straightly while both fist raised up on both side
5&6 R fist hits Left chest three (3) times (count : 5-6, stabbing)
7 8 R fist draw/drag a straight line from Left chest to R chest

B2.ROLL HIP to LEFT, BODY RIPPLE

- 1 2 Roll hip to Left
- 3 4 Roll hip to Left
- 5 6 Bend on knees, push knees and lower hip backward
- 7 8 Pull chest up

B3. DIAGONAL FORWARD LOCK STEP TO RIGHT & LEFT , DIAGONAL BACK SHUFFLE TO RIGHT & LEFT (LASO HAND STYLE)

- 1&2 R foot steps diagonally forward to Right (1.30), L foot locks behind R foot, R foot steps diagonally forward to Right on the same direction (hand styling : make the laso style on Right hand for count 1&2).
- 3&4 L foot steps diagonally forward to Left (10.30), R foot locks behind L foot, L foot steps diagonally forward to Left on the same direction (hand styling : make the laso style on Right hand for count 3&4).
- 5&6 R foot steps diagonally back to Right (1.30), L foot next to R foot, R foot steps diagonally back to Right on the same direction (hand styling : make the laso style on Right hand for count 5&6).
- 7&8 L foot steps diagonally back to Left (10.30), R foot next to L foot, L foot steps diagonally back to Left on the same direction (hand styling : make the laso style on Right hand for count 7&8).

B4. CUMBIA, COMPACT TWIST

- 1&2 Step R behind L, recover on L, step R to R side,
- 3&4 Step L behind R, recover on R, step L to L side
- 5&6 Hip twisting to R-L-R
- 7&8 Hip twisting to L-R & back to centre

C : 32 COUNTS (The beat get faster)

C1. WEAVE TO RIGHT, COMPACT TWIST

- 1 2 3 4 R foot steps to R side, L foot crosses over R foot, R foot steps to R side, L foot touch heel to L side
- 5 6 7 8 Hip twisting on the spot to L-R-L-R

C2. WEAVE TO LEFT, COMPACT TWIST

- 1 2 3 4 L foot steps to L side, R foot crosses over L foot, L foot steps to L side, R foot touch heel to R side
- 5 6 7 8 Hip twisting on the spot R-L-R-L

C3. ½ TURN PADDLE, CROSS AND CLOSE

- 1 2 3 4 R steps to R side, recover to L foot, (turn ¼ to L) R foot steps to R side, recover to L foot
- 5 6 (Turn ¼ to L) R foot steps to R side, recover to L foot
- 7 8 R foot crosses over L foot, L foot steps next to R foot

C4. HEEL & TOE TOUCH

- 1 2 3 4 R foot's heel touches to forward diagonal to R, R foot touches next to L foot, R foot's heel touches to forward diagonal to R, R foot step next to L foot
- 5 6 7 8 L foot's heel touches to forward diagonal to L, L foot touches next to R foot, L foot's heel touches to forward diagonal to L, L foot step next to R foot

HOLD : 1 count

ENDING : 12 counts

COMPACT STEP, TURN UPPER BODY

- 1&2 Compact step on R-L-R
- 3&4 L foot steps to L side, hold, R foot steps to R side,
- 5&6 Turn upper body diagonally backward to R (hand style : open your facing forward R hand palm and place it in front of your R eyes, put your L hand on your waist)

HAVE A NICE DANCE

Contact : mdeshimona@yahoo.com & anthonymld.ina@gmail.com
