I'll Do All The Rest



编舞者: Malene Jakobsen (DK) - December 2012

音乐: I'll Do All the Rest - Lane Thaw: (Album: Tokyo Belle - iTunes)



Intro: 64 counts from the beginning, 24 sec. into track on the word "shoes" - dance begins with weight on L

Note: A big thank you to Marilyn McNeal for giving me this music, this dance is for you?

[1-8] Step, hold, step, hold, shuffle fwd., hold

1-2-3-4 (1) Step fwd. on R (2) hold, (3) step fwd. on L (4) hold 12.00

5-6-7-8 (5) Step fwd. on R, (6) step L next to R, (7) step fwd. on R, (8) hold 12.00

[9-16] Fwd. rock, hold, recover, hold, shuffle 1/4

1-2-3-4 (1) Rock fwd. on L, (2) hold, (3) recover onto R, (4) hold 12.00

5-6-7-8 (5) Turn 1/4 L stepping L to L, (6) step R next to L, (7) step L to L, (8) hold 9.00

[17-25] Cross, hold, side, hold, behind, side, kick across, diagonal kick, out

1-2-3-4 (1) Cross R over L, (2) hold, (3) step L to L, (4) hold 9.00

5-6 (5) Cross R behind L, (6) step L to L 9.00

7-8-1 (7) Kick R across L, (8) kick R slightly diagonally R, (1) step out on R 9.00

[26-32] Hold, out, hold, shuffle 1/4

2-3-4 (2) Hold, (3) step out on L, (4) hold 9.00

5-6-7-8 (5) Step R to R, (6) step L next to R, (7) turn 1/4 R stepping fwd. on R, (8) hold 12.00

[33-40] Rocking chair with holds

1-2-3-4 (1) Rock fwd. on L, (2) hold, (3) recover onto R, (4) hold 12.00

5-6-7-8 (5) Rock back on L, (6) hold, (7) recover onto R, (8) hold 12.00

[41-48] Touch, scuff, heel strut, touch, scuff, heel strut

1-2-3-4 (1) Touch L next to R, (2) scuff L heel, (3) touch L heel fwd., (4) drop L toes (weight on L)

12.00

5-6-7-8 (5) Touch R next to L, (6) scuff R heel, (7) touch R heel fwd., (8) drop R toes (weight on R)

12.00

[49-56] Mambo, hold, 1/2, hold, step fwd., hold

1-2-3-4 (1) Rock fwd. on L, (2) recover onto R, (3) step back on L, (4) hold 12.00

5-6-7-8 (5) Turn 1/2 R stepping fwd. on R, (6) hold, (7) step fwd. on L, (8) hold 6.00

[57-64] Point, together, point, together, kick ball step, hold

1-2-3-4 (1) Point R to R, (2) step R next to L, (3) point L to L, (4) step L next to R 6.00

5-6-7-8 (5) Kick R fwd., (6) step R next to L, (7) step slightly fwd. on L, (8) hold 6.00

Tags: There are 2 tags, one after wall 3 facing 6.00, and one after wall 6 facing 12.00 [1-8] Step, hold, kick, hold, step back, hold, point back, hold

1-2-3-4 (1) Step fwd. on R, (2) hold, (3) kick L fwd., (4) hold

5-6-7-8 (5) Step back on L, (6) hold, (7) touch R toes back, (8) hold

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