

# Feelin' No Pain

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 2      级数: Beginner / Improver  
编舞者: Phillip Smith & Vickie Smith (USA) - December 2012  
音乐: Feelin' Good Train - Sammy Kershaw



Alt. music: -

Mama's Got A Tattoo - Tennessee Girl

All - Sammy Kershaw

## TRIPLE R, ROCK L, RETURN R

1&2      Triple R To R Side, R-L-R  
3 - 4      Rock L Behind R, Return R

## TRIPLE L, ROCK R, RETURN L

5&6      Triple L To L Side, L-R-L  
7 - 8      Rock R Behind L, Return L

## R SIDE ROCK, CROSS SHUFFLE

9 - 10      Rock R To R Side, Return L  
11&12      Cross Shuffle R-L-R, Across L

## L SIDE ROCK, CROSS SHUFFLE

13-14      Rock L To L Side, Return To R  
15&16      Cross Shuffle L-R-L, Across R

## 2 R MONTEREY TURNS

17-20      Point R, Together, With ¼ Turn, Point L, Together  
21-24      Point R, Together, With ¼ Turn, Point L, Together

## 2 L HIP BUMPS, 2 R HIPS BUMPS, HIP ROLL & BUMPS

25-28      Bumps Hips To L Twice, Bump Hips To R Twice  
29-32      Roll Hips L-R, Bump Hips To L Twice

## REPEAT & HAVE FUN

Contact: 618-298-2411 - [bsoutlaws@gmail.com](mailto:bsoutlaws@gmail.com)