

All Around

拍数: 96 墙数: 2 级数: Phrased Intermediate
编舞者: Jean-Pierre Madge (CH) - November 2012
音乐: All Around the World (feat. Ludacris) - Justin Bieber



Part A - 64 counts

Diagonal Step, Mambo Step, Turn-Turn-Forward, Slide-Pop, Turn Heels, Turn Shoulders

- 1 Step R across L towards diagonal left (10:30)
- 2&3 Rock L forward on diagonal, recover onto R, step L back
- 4&5 $\frac{3}{8}$ turn to right stepping forward onto R, Step L forward, Step R forward (without full weight) (3:00)
- 6 Drag R back towards L whilst transferring weight onto R and popping L knee (Moonwalk style)
- 7 Lift and lower both heels to Swivel heels (and legs & hips) $\frac{1}{4}$ left, leaving upper body in place (6:00)
- 8 Lift and lower shoulders very slightly whilst turning them $\frac{1}{4}$ right (to line up with legs)

Step, Lock & Scuff-Hitch-Touch, Push Sweep, Sailor Step, Touch

- 1-2& Step L to the L diagonal, Lock R behind L, Step L forward
- 3&4 Scuff R foot forward, Hitch R knee turning $\frac{1}{2}$ left, Touch R toe next to L (12:00)
- 5 Lower R heel taking weight onto R whilst sweeping L from side to back
- 6&7 Sailor Step: L behind R, R in place, L to left side
- 8 Touch R next to L

Touch, Touch, $\frac{1}{4}$ Turn Step, Step $\frac{1}{2}$ Turn, Forward, Box $\frac{1}{4}$, $\frac{1}{4}$, $\frac{1}{4}$,

- 1&2 Touch R to right side, Touch R next to L, $\frac{1}{4}$ turn right stepping R forward (3:00)
- 3-4 Step L forward, $\frac{1}{2}$ turn right onto R foot (9:00)
- 5-6 Slide L forward, $\frac{1}{4}$ left sliding R back (6:00)
- 7-8 $\frac{1}{4}$ left sliding L forward, $\frac{1}{4}$ left sliding R to right side (12:00)

Rock & $\frac{1}{4}$ Turn, Step $\frac{1}{2}$ Turn, Lock, Slow Unwind

- 1&2 Rock L behind R, Recover onto R, $\frac{1}{4}$ turn left stepping L forward (9:00)
- 3-4 Step R forward, $\frac{1}{2}$ turn left onto L foot (3:00)
- 5-6-7-8 Lock R behind L, Unwind full turn right finishing weight on R foot

Step, Lock & Rock, Recover, Back Roll, & Back Roll

- 1-2& Step L forward, lock R behind L, step L forward
- 3-4 Rock R forward, Recover onto L foot
- 5-6 Step R back making a body roll from head to hips over 2 counts, finishing with weight on R foot
- &7-8 Small Step L next to R, Step R back making a body roll from head to hips over 2 counts, finishing with weight on R foot

Slow Sailor Step, Sailor Step, Sailor Step

- 1-2-3 Step L back, $\frac{1}{4}$ R step R to R side, Step L to left side (6:00)
- 4&5 Sailor Step: R behind L, L in place, R to right side
- 6&7 Sailor Step: L behind R, R in place, L to left side
- 8 Step R back

Rock Back & Step $\frac{1}{2}$ Turn, & Step $\frac{1}{2}$ Turn, & Walk, Walk

- 1-2 Rock L foot back, Recover onto R
- 3-4 Step L forward, $\frac{1}{2}$ turn right with weight staying on L foot (12:00)
- &5-6 Small Step R next to L, Step L forward, $\frac{1}{2}$ turn right (weight stays on L foot) (6:00)

&7-8 Small Step R next to L, Walk L forward, Walk R forward

Rocking Chair & Rocking Chair, & Back Drag, Rock Back

1&2& Rock L forward, Recover, Rock L back, Recover
3&4& Rock L forward, Recover, Step L back, Small Step R next to L
5-6 Big Step back, Drag R towards L
7-8 Rock R back , Recover onto L foot

Part B - 32 counts

Nightclub Basic, ¼ Turn Step, Step ½ Turn

1-2-3-4 Big Step R to right side, Drag L towards R, Rock L behind R, Recover onto R across L
5-6-7-8 ¼ turn left onto L foot, Hold, Step R forward, ½ turn left onto L foot (9:00)

Step, ½, ½, Step, Rock Step

1-2-3-4 Step R forward, Hold, ½ turn right stepping back on L, ½ turn right stepping forward on R
5-6-7-8 Step L forward, Hold, Rock R forward, Recover onto L

¼ Nightclub Basic, Nightclub Basic

1-2-3-4 ¼ turn right stepping R to right side, Drag L towards R, Rock L behind R, Recover R across L (12:00)
5-6-7-8 Step L to left side, Drag R towards L, Rock R behind L, Recover onto L across R

Walk Around ½ Circle, Lock, Unwind

1-2-3-4 ¼ turn right stepping forward onto R, Hold, 1/8 turn right stepping forward onto L, Hold
5-6-7-8 1/8 turn right stepping forward onto R, Step L forward, Lock R behind L, Unwind full turn right finishing with weight on L foot (6:00)

Sequence goes: AB AA BA AA AA

Hope that you enjoy this dance !
