

Time To Chill

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jan Brookfield (UK) - December 2012
音乐: Chilly Cha Cha - Jessica Jay



(Start after 19 secs)

Other suggested tracks:-

Little Saint Nick by The Beach Boys (start on "WAY up North ...")

Winter Wonderland by Bing Crosby (+ many others)

Rocking Around the Christmas Tree by Brenda Lee (+ many others)

SECTION 1 : CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER

1&2 Chasse right on R,L,R
3,4 Rock back on L, recover on R
5&6 Chasse left on L,R,L
7,8 Rock back on R, recover on L

SECTION 2 : SHUFFLE FORWARD, ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER

9&10 Shuffle forward on R,L,R
11,12 Rock forward on L, recover on R
13&14 Shuffle back on L,R,L
15,16 Rock back on R, recover on L

SECTION 3 : PADDLE TURNS ¼ LEFT x 2, JAZZ BOX CROSS

17,18 Paddle turn ¼ left : R forward, pushing R hip out, transfer weight onto L
19,20 Paddle turn ¼ left : R forward, pushing R hip out, transfer weight onto L
21,22 Step R across L, step back on L
23,24 Step R to side, step L across in front of R (facing 6 o'clock)

SECTION 4 : STEP TOUCH, CHASSE LEFT WITH ¼ TURN, STEP TOUCH , STEP TOUCH

25,26 Step R to side, touch L next to R
27&28 Chasse left on L,R,L making quarter turn left on last step
29,30 Step R to side, touch L next to R
31,32 Step L to side, touch R next to L

(Now facing 3 o'clock)

START AGAIN

Contact: janbrookfield@btinternet.com