

Jingle Bell Rock

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Patti Bullock (USA) - December 2012
音乐: Jingle Bell Rock (feat. Miranda Lambert) - Blake Shelton : (Album: Cheers, It's Christmas)



Intro – Begin dance on vocals

(1-8) Side Lindy Shuffles w/ Ball Change

1&2 Step right w/ R, Step L next to R, Step right w/ R
3,4 Rock L behind R, Recover forward on R
5&6 Step left w/L, Step R next to L, Step left w/ L
7,8 Rock R behind L, Recover forward on L

(9-16) Weave Right, Right Side Rock, Cross Front, Hold

1,2 Step side w/ R, Cross behind right w/ L
3,4 Step side w/ R, Cross front of right w/L
5,6 Rock side w/ R, Recover on L
7,8 Cross front of left w/ R, Hold (8)

(17-24) Left Side Rock, Cross Front, Hold, Right Side Rock, Cross Shuffle

1,2 Rock side w/L, Recover on R
3,4 Cross front of right w/ L, Hold (4)
5 .6 Rock side w/R, Recover on L
7&8 Cross in front of left and shuffle R, L, R

(25-32) Forward Rocking Chair, Left Shuffle ½ turn, Rocking Chair

1,2 Rock forward on L, Recover back on R
3&4 Making a left ½ turn – Shuffle L, R,L
5,6 Rock forward on R, Recover back on L
7,8 Rock Back on R, Recover forward on R

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