

# Corazon Y Vida

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver - Cha Cha  
编舞者: Francien Sittrop (NL) - December 2012  
音乐: Alma, Corazón y Vida (feat. Tamara) - Marcos Llunas



**Intro: Start after 32 Counts**

**[1 – 9] Step fwd , Rock Recover , Lockstep Back, Rock Recover, Shuffle ¼ R**

1 – 3            Step L Diagonally fwd , Cross Rock R over L, Recover on L  
4 & 5            Step R Diag R back, Lock L across R, Step R Diag back  
6 – 7            Rock L back , Recover on R (12.00)  
8 & 1            Step L to L side, Step R next to L\*\*\*R\*\*\*, ¼ R step L Back (03.00)

**Body Movement :Option count 6 – 7 : You can make ¼ Turn L and watch over your L shoulder and recover back)**

**[10-16] ¼ R Rock Recover, Behind Side Cross, Side Rock Recover, Sailor ¼ L**

2 – 3            ¼ Turn R rock R to R side, Recover on L (06.00)  
4 & 5            Step R behind L, Step L to L side, Step R across L  
6 – 7            Rock L to L side, Recover on R  
8 &            Sweep L behind R with ¼ Turn L, Step R next to L (03.00)

**[17-24] Fwd (last step of Sailor). Lock, Lock Step fwd, Cross, Back, Shuffle ½ R**

1 – 2            Step L fwd , Lock R behind L  
3 & 4            Step L fwd, Lock R behind R, Step L fwd  
5 - 6            Step R across L, Step L back  
7 & 8            ¼ Turn R step R to R side, Step L next to R, ¼ R step R fwd (09.00)

**[25-32] Step fwd, Pivot ½ R, Step fwd, Pivot ½ R with Touch, Side Rock Recover, Crossing Shuffle**

1 - 2            Step L fwd, Pivot ½ Turn R  
3 - 4            Step L fwd, Pivot ½ Turn R and Touch R across L foot  
5 – 6            Rock R to R side , Recover on L  
7 & 8            Step R across L, Step L to L side, Step R across L

**Enjoy the Music and you may use your hips**

**Start Again**

**Restart : Wall 7 After count 8& start again with count 1**

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