

Jingle Bell Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Cara Tan (MY) - December 2012
音乐: Jingle Bell Rock - Rascal Flatts



Intro : 24 counts, starts on vocal

Section 1 - Point R Forward, Flick, R Forward Shuffle, Point L Forward, Flick, L Forward Shuffle

1 -2 Point R forward, flick R to R side
3&4 Step R forward, lock L behind R, step R forward
5- 6 Point L forward, flick L to L side
7- 8 Step L forward, lock R behind L, step L forward

Section 2 - R Forward, Recover, 1/2 Turn R Shuffle Forward, 1/2 Turn Right L Backward Shuffle, Rock Back, Recover

1-2 Step R forward , recover on L
3&4 Make 1/2 turn R and step R forward, lock L behind R, step R forward (6:00)
5&6 Make 1/2 turn R again and step L back, lock R over L, step L back (12:00)
7-8 Step R back, recover onto L

Section 3 - Pivot 1/4 Left, Shuffle Forward, Side Rock, Cross Shuffle

1-2 Step R to R side, make a 1/4 turn left and change weight to L (9:00)
3&4 Step R forward, lock L behind R, step R forward
5-6 Step L to L side, recover onto R
7&8 Cross L over R, step R beside L, cross L over R

Section 4 - R Diagonal Shuffle, L Diagonal Shuffle, R Forward, Full R Turn, L Forward

1&2 Step R to R diagonally forward, lock L behind R, step R diagonally forward
3&4 Step L to L diagonally forward, lock R behind L, step L diagonally forward
5-8 Step R forward (9:00) , make 1/2 turn right and step L back (3:00), make 1/2 turn right and step R forward(9:00), step L forward

Tag: 4 Count After Wall 4 (Face 12:00)

1 - 4 cross R over L, full turn left and end with weight on L

Ending : after wall 10 (face 6:00), dance only first Section 1 follow by:

1-2 Step R forward, recover onto L
3-4 make 1/2 turn R and step R forward (12:00), step L forward
5- End (listen to music) Touch R in front of L, hold (refer to video demo for hand styling or have fun with your own styling)

Have Fun & MERRY CHRISTMAS

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