

Throw Away The Key

COPPERKNOB
BY STEPHEN METELNICK

拍数: 68 墙数: 2 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2012
音乐: Wake Me Up - Helene Fischer : (Album: 'The English Ones')



Start after 24 count intro on verse vocals – approx. 12 secs into track – [3mins 47secs – 120 bpm]

[1-8] R side, L behind/side/cross, R side, L touch together, 1 & ¼ turn L

1, 2&3 Step R side, cross step L behind R, step R side, cross step L over R
4-8 Step R side, touch L together, turning ¼ step L forward, turning ½ step R back, turning ½ step L forward

Non-turning option for 6-8: turning ¼ L step L fwd, step R fwd, step L fwd (9 o'clock)

[9-16] R fwd shuffle, L fwd, ½ R pivot turn, L fwd shuffle, ¼ L & R side, L touch together

1&2 Step R forward, step L together, step R forward
3-4 Step L forward, pivot ½ right
5&6 Step L forward, step R together, step L forward
7-8 Turning ¼ left step R side, touch L together (12 o'clock)

1st & 2nd Restarts:-

During walls 3 & 6 (facing front wall): dance the first 15 counts (up to and including the ¼ L step R to R side). Change count 16 to STEP L TOGETHER (weight on L) and Restart the dance again facing front wall

Optional Ending: On final wall you will be facing back wall and have danced the first 16 counts. To finish facing front: &1-2: step L back, cross step R over L, unwind ½ L to front.

[17-24] L side, R behind/side/cross, L side, R together, L side syncopated rock/recover, R side step

1, 2&3 Step L side, cross step R behind L, step L side, cross step R over L
4-5 Step L side, step R together
6-7&8 Rock L side, recover weight on R, step L together, step R side

[25-32] R weave 2, L coaster, R fwd, ¼ L pivot turn, R fwd, ½ L pivot turn

1-2 Cross step L over R, step R side
3&4 Step L back, step R together, step L forward

3rd Restart: During wall 7 (facing front wall): dance the first 28 counts (up to and including the coaster step) and Restart the dance again facing the front wall

5-8 Step R forward, pivot ¼ left, step R forward, pivot ½ left (3 o'clock)

[33-40] R fwd wizard step, L traditional jazz box, L & R heel switches

1-2& On right diagonal step R forward, lock L behind R, step R forward
3-6 Step L forward, cross step R over L, step L back, step R side
7&8& Touch L heel forward, step L together, touch R heel forward, step R together

[41-48] L wizard step, R traditional jazz box, R & L heel switches

1-2& On left diagonal step L forward, lock R behind L, step L forward
3-6 Step R forward, cross step L over R, step R back, step L side
7&8& Touch R heel forward, step R together, touch L heel forward, step L together

[49-56] ¼ R syncopated Monterey, R & L walks fwd, R fwd rock/recover, ½ R shuffle

1&2& Touch R toes side, turning ¼ R step R together, touch L toes side, step L together (6 o'clock)
3-6 Step R forward, step L forward, rock R forward, recover weight on L
7&8 Turning ½ right step R forward, step L together, step R forward (12 o'clock)

[57-68] ½ R shuffle, R rock back/recover, R & L samba step, R jazz box cross

1&2 Turning ½ right step L back, step R together, step L back (6 o'clock)

3-4 Rock R back, recover weight on L
5&6 Cross step R over L, rock L side, recover weight on R
7&8 Cross step L over R, rock R side, recover weight on L
9-12 Cross step R over L, step L back, step R side, cross step L over R

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