

# Breathless

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Karl-Harry Winson (UK) - November 2012  
音乐: Catch My Breath - Kelly Clarkson : (Album: Greatest Hits - Chapter One)



## Intro: 32 Counts (Start on Vocals)

### Chasse Right. Back Rock. Full Turn Right.

1&2                      Step Right to Right side. Close Left beside Right. Step Right to Right side.  
3 – 4                      Rock back on Left. Recover weight forward on Right.  
5 – 6                      Make 1/4 Right stepping Left back. Make 1/2 Right stepping Right forward.  
7 – 8                      Step forward on Left. Pivot 1/4 turn Right. (12.00)

### Cross. Side. Back Rock. 1/2 turn Right. Side Step. Cross. Side.

1 – 2                      Cross Left over Right. Step Right to Right side.  
3 – 4                      Rock back on Left. Recover weight forward on Right.  
5 – 6                      Make 1/4 Right stepping Left back. Make 1/4 turn Right stepping Right to Right side. (6.00)  
7 – 8                      Cross Step Left over Right. Step Right to Right side.

### Weave Right. Rock 1/4 turn. Full turn Left. Walk forward X2.

1&2                      Cross Left behind Right. Step Right to Right side. Cross step Left over Right.  
3 – 4                      Rock Right to Right side. Recover weight on Left making 1/4 turn Left. (3.00)  
5 – 6                      Make 1/2 turn Left stepping Right back. Make 1/2 turn Left stepping forward on Left.  
7 – 8                      Walk forward on Right. Walk forward on Left.

### & Side Rock. Right Jazz Box. Cross Shuffle. Monterey 1/4 turn Right.

&1                      Rock Right to Right side. Recover weight on Left.  
2 – 4                      Cross Right over Left. Step back on Left. Step Right to Right side.  
5&6                      Cross Left over Right. Step Right to Right side. Cross step Left over Right.  
7 – 8                      Point Right out to Right side. Turn 1/4 Right stepping Right beside Left. (6.00)

### Left Kick Ball-Step. Step-Scuff. Forward Rock. Shuffle 1/2 turn.

1&2                      Kick Left forward. Step Left beside Right. Step forward on Right.  
3 – 4                      Step forward on Left. Scuff Right foot beside Left.  
5 – 6                      Rock forward on Right. Recover weight on Left.  
7&8                      Shuffle 1/2 turn Right stepping: Right, Left, Right. (12.00)

### Left Kick Ball-Step. Step-Scuff-Hitch. Back Rock. Pivot 1/4 Turn.

1&2                      Kick Left forward. Step Left beside Right. Step forward on Right.  
3&4                      Step forward on Left. Scuff Right beside Left. Hitch Right Knee Slightly.  
5 – 6                      Rock back on Right. Recover weight forward on Left.  
7 – 8                      Step forward on Right. Pivot 1/4 turn Left. (9.00).

### Cross. Side. Sailor Heel. Ball-Cross. 1/2 turn Left. Point.

1 – 2                      Cross Right over Left. Step Left to Left side.  
3&4                      Cross Right behind Left. Step Left to Left side. Dig Right heel to Right diagonal.  
&5                      Step Right beside Left. Cross step Left over Right.  
6 – 7                      Make 1/4 Left stepping Right back (6.00). Make 1/4 Left stepping Left to Left side (3.00).  
8                      Point Right toe out to Right side.

### 1 1/4 Rolling Vine Right. Right Rocking Chair.

1 – 2                      Make 1/4 Right stepping Right forward (6.00). Make 1/2 turn Right stepping Left back (12.00).

- 3 – 4            Make 1/2 turn Right stepping Right forward (6.00). Step forward on the Left.  
5 – 8            Rock forward on Right. Recover weight back on Left. Rock back on Right. Recover weight forward on Left.

**Contact : [krazy\\_kark@hotmail.com](mailto:krazy_kark@hotmail.com) - 07792984427 - [www.karlwinsondance.moonfruit.com](http://www.karlwinsondance.moonfruit.com)**

---