My Foolish Heart



编舞者: Ira Weisburd (USA) - June 2007

音乐: My Foolish Heart - Ross Mitchell, His Band and Singers



Level of Difficulty: Beginners (though suitable for ALL LEVELS)

TWO FORWARD WALTZ TWINKLES. 1/4 L WALTZ TURN. CROSS-ROCK, STEP.

1-3	Step with L over R (towards R Corner), Sway R to R, Sway L to L
4-6	Step with R over L (towards L Corner), Sway L to L, Sway R to R

7-9 Step L to L (making ¼ turn L), Sway R to R, Sway L to L 10-12 Step with R across L, Step back onto L, Step with R to R

WEAVE 3 STEPS. MAKE ½ TURN TO R IN 3 STEPS. CROSS-ROCK STEP WITH L, CROSS ROCK STEP WITH R.

13-15 Step L across R, Step R to R, Step L to

16-18 Make ½ turn to R in 3 steps: R,L,R etc.

19-21 Step with L across R, Rock back onto R, Step L to L 22-24 Step with R across L, Rock back onto L. Step R to R

BEGIN DANCE.

Choreographer Contact Information:

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