Make It Last

拍数: 64

级数: Easy Intermediate

编舞者: Colleen Archer (AUS) - November 2012

音乐: Make It Last - Jason Owen : (CD: Single - 3:53)

Intro: 32 counts SP. Weight on L "For...Kym & Angela"

1/4 PADDLE, FWD, SCUFF, ROCK FWD REC, COASTER

- 1, 2 Step R forward, Turn ¼ left taking weight on L
- 3, 4 Step R forward, Scuff L forward
- 5, 6 Step L forward, Recover R
- 7 & 8 Step L back, Step R beside L, Step L forward (9)

3/4 PIVOT, SIDE, BEHIND, SIDE SHUFFLE, ROCK FWD REC

- 1, 2 Step R forward, Turn ³/₄ left taking weight L
- 3, 4 Step R to right side, Step L behind R
- 5 & 6 Step R to right side, Step L beside R, Step R to right
- 7, 8 Step L forward, Recover R (12)

ROCK BACK REC, TOG, ROCK BACK REC, ROCK FWD REC, FULL TURN R

- 1, 2 & Step L back 45° left, Recover R, Step L beside R
- 3, 4 Step R back 45° right, Recover L
- 5, 6 Step R forward, Recover L
- 7, 8 Turn ¹/₂ right and step R forward, Turn ¹/₂ right and step L back (12)

ROCK BACK REC, X SAMBA, ACROSS, SIDE, ¼ TURNING SAILOR

- 1, 2 Step R back, Recover L
- 3 & 4 Step R across L, Step L to left side, Recover R
- 5, 6 Step L across R, Step R to right side
- 7 & 8 Step L behind R, Turn 1/4 left and step R to right side, Recover L # (9)
- (Restart wall 2)

R DOROTHY, L DOROTHY, ROCKING CHAIR

- 1, 2 & Step R forward to 45° right, Lock L behind R, Step R slightly to right side
- 3, 4 & Step L forward to 45° left, Lock R behind L, Step L slightly to left side
- 5, 6 Step R forward, Recover L
- 7, 8 Step R back, Recover L (9)

1/4 PADDLE, WEAVE FWD, SIDE, BEHIND, SIDE, X SAMBA

- 1, 2 Step R forward, Turn ¼ left taking weight L
- 3, 4 Step R across L, Step L to left side
- 5, 6 Step R behind L, Step L to left side
- 7 & 8 Step R across L, Step L to left side, Recover R (6)

FWD, TCH SIDE, BACK, TCH SIDE, BEHIND SIDE ACROSS, ROCK SIDE REC

- 1, 2 Step L forward, Touch R toe to right side
- 3, 4 Step R back, Touch L toe to left side
- 5 & 6 Step L behind R, Step R to right side, Step L across R
- 7, 8 Step R to right side, Recover L (6)

SAILOR, ROCK BACK REC, ¼ PADDLE, FWD, SCUFF

- 1 & 2 Step R behind L, Step L to left side, Recover R
- 3, 4 Step L back, Recover R





墙

墙数:4

- 5, 6 Step L forward, Turn ¼ right taking weight R
- 7, 8 Step L forward, Scuff R forward (9)

Begin again

RESTART: # Wall TWO.... dance first 32 counts and Start wall 3 facing 6 o'clock wall.

TAG: End of wall THREE, add a rocking chair.....(facing 3 o'clock)

1 – 4 Step R forward, Recover L, Step R back, Recover L

FINISH: Dance first 8 counts

Dance may be copied and distributed provided original steps remain unchanged.

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