

Night Train To Memphis

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Upper Beginner
编舞者: Elaine Kong (AUS) - November 2012
音乐: Night Train to Memphis - Dean Martin : (Album: Dean Martin Sings Country)



16 count intro.

**RIGHT HEEL, HEEL, BEHIND SIDE CROSS.(travelling L) LEFT HEEL, HEEL, BEHIND SIDE CROSS.
(travelling R)**

1,2,3&4 Right Heel 45o twice, step R behind L, step L to L, cross R in front L
5,6,7&8 Left Heel 45o twice, step L behind R, step R to R side, cross L in front R

DOUBLE RIGHT ROCKING CHAIR

1,2,3,4 Rock R fwd, recover on L . Rock back on R , recover on L
5,6,7,8 Rock R fwd, recover on L. Rock back on R, recover on L (weight on L)

RIGHT FWD MAMBO, LEFT BACK MAMBO, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2,3&4 Rock fwd on R, rock back on L, step back on R. Rock back on L, rock fwd on R, step fwd on L
5&6,7&8 Side rock to R, recover on L, step R next to L. Side rock to L, recover on R, step L next to R

**RIGHT KICK IN FRONT & TO SIDE, RIGHT COASTER STEP. LEFT KICK IN FRONT & TO SIDE, ¼
SAILOR TURN TO LEFT**

1,2,3&4 Kick R foot in front, kick to R side, step R back on R, step L next to R, step R fwd.
5,6,7&8 Kick L foot in front , kick to L side, turning quarter L, sweeping L foot out and step behind R.
Rock R to R side, step L to L side (Weight on L) (9:00)

REPEAT

Last wall at 9:00 finishes with sailor quarter turn to back wall. End dance by stepping fwd on R, pivot ½ turn L to face front , and triple step (R L R) on the spot.

Options: Hands up in the air for "Hallelujah!" or Train wheel motion when doing the mambo steps !

HAVE FUN WITH THIS DANCE!

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