Your Memory Burns

级数: Intermediate - waltz

编舞者: Donna Manning (USA) - November 2012

音乐: Come Wake Me Up - Rascal Flatts

24 count intro

Sect. 1 [1-6] Step, Lift, Step Back, 1/8 Turn Left, 1/8 Turn Left

- 1, 2-3 Step Forward on the R, Lift L Knee rise on ball of R foot allowing L instep to come to the back of the R Calf, Return weight to R Foot
- 4, 5, 6 Step L Foot back, Step R Foot back turning body 1/8 turn L, Step L Foot to L side completing another 1/8 turn L (9:00)

Sect. 2 [7-12] Cross, ¼ Turn R, Side, Step Forward , ½ Turn L Pirouette

- 1, 2, 3 Cross R over, ¼ R Stepping L to L side, Step R to R side (12:00)
- 4, 5-6 Step L Foot Forward, ¹/₂ turn L Pirouette (keep R instep next to L ankle) (6:00)

Sect. 3 [13-18] R Twinkle, Cross, ¼ Turn L, Full Turn L Spiral

1,2,3 Step R Across L, Close L To R, Step Right to Forward R diagonal – facing 7:00 (6:00)

4, 5-6 Cross L over R, ¼ L Stepping R close to L, Full Turn L Spiral on the ball of the R (3:00)

Sect.4 [19-24] Press, Recover, Side, Press, Recover, Side

1, 2, 3 (coming out of spiral) Press L over R, Recover to R, Step L to L Side

4, 5, 6 Press R over L, Recover to L, Step R to R Side (3:00)

***TAG – 3 counts on the next rotation after the 1st Restart – Step L Forward (3:00), ½ Turn L Pirouette keeping R Foot next to L ankle - RESTART facing 9:00.

Sect.5 [25-30] Step, Lift, Turn, Step, Drag, Close

- 1, 2-3 Step L Foot Forward, Lift Knee of R bringing into a figure 4, right instep close to L calf while turning ½ turn L on the ball of the L (9:00)
- 4, 5, 6 Step Back on the R, Drag L to R, Close L to R (9:00)

Restart 1: happens here the 3rd time you begin @ 3:00- you will be facing 12:00 when it happens. The very next rotation of the dance is where the Tag and Restart happens after sect. 4

Sect.6 [31-36] Step, Sweep, Step, Sweep

- 1, 2-3 Step Forward on the R, Sweep ¼ Turn R on the ball of R keeping L in towards R instep. (12:00)
- 4, 5-6 Step L Forward, Sweep 3/8 Turn L on the ball of L keeping R in towards L instep. You will be facing 7:00 angle. (6:00)

Sect.7 [37-42] Step, Close, Step, Forward Rock (recover will be 1 of next sect.)

- 1, 2, 3 Step R Foot Forward towards 7:00, Close L to R, Step R Forward to 7:00
- 4-5-6 Step L Foot Forward to 7:00 pause thru 5-6 (take your time through this forward sway)(6:00)

Sect.8 [43-48] Recover, Side, Cross, ¼ Turn, ½ Turn, Step Forward

1, 2, 3 Recover weight to R, Step L to L side, Cross R over L (prep, toe out)
4, 5, 6 ¼ Turn R Stepping back on L, ½ Turn R Stepping Forward on R, Step Forward on L (9:00) FND!!

End of Dance --- Have Fun!!!

Please do not alter this step sheet in any way.

If you would like to use on your website please make sure it is in its original format and include all contact details on this script.





拍数: 48

墙数:4

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Contact: www.dancinfree.com