

A Farmer's Wife

COPPER **NOB**
BY STEPHEN BATES

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Keith Davies (AUS) - November 2012
音乐: A Farmer's Wife - Jayne Denham : (iTunes)



16 count intro

CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1,2 Cross R over L, recover weight onto L
3&4 Step R to the side, step L beside R, step R to the side
5,6 Cross L over R, recover weight onto R
7&8 Step L to the side, step R beside L, step L to the side**

FORWARD ROCK, FULL TURN TRIPLE, FORWARD ROCK, COASTER

1,2 Step forward R, recover weight onto L
3&4 Turning a full turn right step in place R, L, R (easier option: coaster)
5,6 Step forward R, recover weight onto L
7&8 Step back R, step L beside R, step R forward

FORWARD, LOCK, SHUFFLE, FORWARD, LOCK, SHUFFLE

1,2 Step R diagonally forward, lock L behind R
3&4 Step R diagonally forward, step L beside R, step R diagonally forward
5,6 Step L diagonally forward, lock R behind L
7&8 Step L diagonally forward, step R beside L, step L diagonally forward

¼ PADDLE, ¼ PADDLE, HEEL SWITCHES

1,2 Step forward R, pivot ¼ left taking weight onto the L
3,4 Step forward R, pivot ¼ left taking weight onto the L*
5&6& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
7&8& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
(Easier option for counts 5-8: four hip bumps)

RESTARTS:-

On walls 2 and 5 dance to count 28* and restart facing the front
On wall 4 dance the first 8 counts** and restart facing the back

TAG: At the end of wall 6 add the following Tag facing the back:

JAZZBOX

1-4 Cross R over L, step back L, step R to the side, step L beside R

ENDING: At the end of wall 11 finish the dance by dancing the first 3 counts of the dance.

This dance is meant to be a bit of fun. Feel free to experiment with the last 4 counts of the dance – try applejacks and/or vaudevilles instead of the heel switches!

Dorothy's are a good alternative for counts 17-24. Enjoy!

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