

The Morning After

COPPER **KNOB**
BYEPOSTETS

拍数: 16 墙数: 4 级数: Beginner - nightclub
编舞者: Marie Sørensen (TUR) - November 2012
音乐: The Morning After - Maureen McGovern : (Album: The Poseidon Adventure - The Morning After)



Intro: 8 Counts

NIGHTCLUB BASIC STEP RIGHT, LEFT, ROCK, RECOVER, SIDE, BEHIND, 1/4 TURN, STEP FWD.

1 Step right to right side
2&3 Cross left behind right, cross right over left, step left to left side
4&5 Cross right behind left, cross left over right, step right to right side
6&7 Back rock left, recover, step left to left side
8&1 Cross right behind left, ¼ turn left, step fwd. left, step fwd. right (09:00)

LOCK STEP FWD. ROCK, RECOVER, BACK, COASTER STEP, ROCK, RECOVER

2&3 Step fwd. left, lock right behind left, step fwd. left
4&5 Rock fwd. right, recover, step back on right
6&7 Step back on left, step right beside left, step fwd. on left
8& Rock fwd. right, recover (09:00)

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