

Oppa Gangnam Style

COPPER KNOB
STEPSHEETS

拍数: 204 墙数: 0 级数: Phrased Intermediate
编舞者: PSY (KOR) - 2012
音乐: Gangnam Style - PSY



Recasted by: Kickick Line Dance

Sequence : ABC, ABC, A(32 counts) TAG, Section C22, Section C23, Ending
Dance starts after 32 counts

PART A (64 counts)

Section A1 : Low Bounce

1& Step on ball of LF, Step on ball of RF (alternating quickly doing a low bouncing movement)
2&3&4&5&6&7& Repeat Steps 1& twice
8 Step LF in place

Section A2 : Weave to Left end with a touch, Cross Point Twice

1,2 Cross RF over LF, Step LF to Left Side
3,4 Cross RF behind LF, Touch LF to Left Side
5,6 Step LF over RF, Touch RF to Right Side
7,8 Step RF behind LF, Touch LF to Left Side (12:00)

Section A3 : Star Steps, Together, Knee Pop, Sexy Move

&1 Hitch L knee, Turn ¼ Right (Weight on RF) & Touch L toe to Left side (3:00)
&2 Repeat Steps &1 (6:00)
&3 Repeat Steps &1 (9:00)
4 Step LF beside RF
5,6 Bend knees & Push both knees out to side twice
7,8 Close knees together & Roll body up

Section A4 : Turn ¼ Right, Shoulder Roll, Pivot ½ Turn twice

1-4 Turn ¼ Right & Step LF to Left side (Weight on RF) & do shoulder roll over 4 counts
5,6 Step LF forward, Turn ½ Right with weight on RF
7,8 Repeat Steps 5,6 (12:00)

Section A5 : Side Rock Recover twice, Cross Point twice

&1,2 Step on ball of LF, Rock RF to R side, Recover on LF (12:00)
3,4 Rock RF to R side, Recover on LF
5,6 Cross RF over LF, Step L toe to Left Side
7,8 Cross LF over RF, Step R toe to Right Side

Section A6 : Section 5 : Side Rock Recover twice, Cross Point twice Repeat Section 5 (omitting the '&' step)

Section A7 : Side Rock Recover twice, Kick Ball Change, Chest Pop twice

1,2 Rock RF to R side, Recover on LF
3,4 Rock RF to R side, Recover on LF
5&6 Kick RF diagonally forward, Step on ball of RF, Step LF forward (1:30)
7,8 Step RF beside LF and do chest pop twice

Section A8 : Jazz Box with a Cross, Flick, Forward, Together, Hold

1,2 Cross RF over LF, Step LF back (1:30)
3,4 Step RF beside LF, Cross LF over RF

5,6 Step RF beside LF & Flick LF back, Step LF forward
7,8 Step RF beside LF, Hold (12:00)

PART B (52 counts)

Section B9 : Forward Out Out, Step back Out, Out, Turn ¼ R & Step Touch twice

1,2 Step RF diagonally forward, Step LF to Left Side (12:00)
3,4 Step RF diagonally back, Step LF to Left Side
5,6 Turn ¼ Right & Step RF forward, Touch LF beside RF (3:00)
7,8 Step LF back, Touch RF beside LF (Clap hands at 8 count)

Section B10 : Out, Out, In, In (V-shape), Hop & Pose , Turn ¼ L Hop & Pose

1,2 Step RF diagonally forward, Step LF to Left Side (3:00)

(Hands : Do Shoulder Shimmy)

3,4 Step RF back, Step LF beside RF

(Hands : Lift both hands up above head, Drop both hands at hip)

5,6 Hop with both legs apart, Hold & Pose

7,8 Hop to ¼ Left, Hold & Pose (12:00)

Section B11 : Sway RLRL, Turn ¼ L & Step Touch twice

1,2 Rock RF to R side, Recover on LF, (Sway hips R, L)

3,4 Repeat Steps 1,2

5,6 Turn ¼ Left & Step RF forward, Touch LF beside RF (9:00)

7,8 Step LF back, Touch RF beside LF

Section B12 : Star Steps, Out Out, Hop & Pose, Turn ¼ L Hop & Pose

&1 Hitch R knee, Turn ¼ Left (Weight on LF) & Touch R toe to Right side (6:00)

&2 Repeat Steps &1 (3:00)

3,4 Step RF in place, Step LF beside RF

(Hands : Lift both hands up above head, Drop both hands at hip)

5,6 Hop with both legs apart, Hold & Pose

7,8 Hop to ¼ Left, Hold & Pose (12:00)

Section B13 : Sway hips with arms movement

1,2 Sway hips R, L

(Hands : R hand forward, Cross L hand on top of R hand)

3,4 Repeat Steps 1,2

(Hands : Swing R arm up & down, Swing L arm up & down)

5,6 Repeat Steps 1,2

(Hands : Both hands behind head, Push both hands out to side)

7,8 Repeat Steps 1,2

(Hands : R hand forward, Cross L hand on top of R hand)

Section B14 : Small quick steps (Wiggle), Hop & Pose

1& Step on ball of RF & LF, alternating quickly & lively

2&3&4& Repeat Steps 1&

5,6,7,8 Hop, Hold & Pose

Secton B15 : Hold & Pose (Oppa Gangnam Style)

1-4 Hold the Pose

PART C - CHORUS (64 counts)

Section C16 : Horse Riding Movement with Skipping movement

(Hands : Cross both hands in front)

1,2 Hitch Right knee & Hop, Hitch Left Knee & Hop

3,4 Hitch Right Knee twice & Hop

5,6 Hitch Left knee & Hop, Hitch Right Knee & Hop

7,8 Hitch Left Knee twice & Hop

**Section C17 : Horse Riding Movement with Skipping movement
(Hands : Left hand in front of chest, Right hand mimic holding a whip)**

1,2 Hitch Right knee & Hop, Hitch Left Knee & Hop

3,4 Hitch Right Knee twice & Hop

5,6 Hitch Left knee & Hop, Hitch Right Knee & Hop

7,8 Hitch Left Knee twice & Hop

**Section C18 : Horse Riding Movement with Skipping movement
(Hands : Cross both hands in front)**

Repeat Section C16

**Section C19 : Horse Riding Movement with Skipping movement
(Hands : Left hand in front of chest, Right hand mimic holding a whip)**

1,2 Hitch Right knee & Hop, Hitch Left Knee & Hop

3,4 Hitch Right Knee twice & Hop

5-8 Step RF in place & Hold

(Hands : Make a big circle above head)

Section C20 : Low Bounce, Drag

1& Step on ball of LF, Step on ball of RF (doing a low bouncing movement)

2&3& Repeat Steps 1& twice

4 Step LF in place

5-8 Touch RF forward and drag a half circle from front to beside LF

**Section C21 : Horse Riding Movement with Skipping movement
(Hands : Cross both hands in front)**

Repeat Section C16

Section C22 : Lunge to L side & Bounce, Hip Circle

1,2,3,4 Bend Left Knee towards Left side & Do small bouncing movement 4 times

5,6,7,8 Still holding the lunging pose - do R hip circle twice

Section C23 : Knee Pop, Hands Movement

1,2 Still holding the lunging pose – Push R knee Out, In

3&4 Still holding the lunging pose – Push R knee Out, In, Out

5,6 Stand back upright stepping LF beside RF & Fold both arms in front of chest & push twice

7&8 Hold pose & continue push arms at chest level

TAG (24 counts)

T24 : Walk backwards

1-4 Walk backwards starting on RF

5-8 Continue walking backwards with the whip in hand movement

T25: Travelling forward and doing the Horse Riding movement at the same time

1,2 Hitch Right knee & Hop, Hitch Left Knee & Hop

3,4 Hitch Right Knee twice & Hop

5,6 Hitch Left knee & Hop, Hitch Right Knee & Hop

7,8 Hitch Left Knee twice & Hop

T26 : Travelling forward and doing the Horse Riding movement at the same time

Repeat T25

ENDING:

1-4 Rock LF to L side, Recover on RF, Kick LF across RF, Step LF to L side & Lunge & Pose

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