

Fireboots

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Easy Intermediate - Polka
编舞者: Séverine Fillion (FR) - November 2012
音乐: Haven't Had a Drink All Day - Toby Keith : (Album: Hope on the Rocks)



[1-8] SIDE SHUFFLE, ROCK BACK, SHUFFLE FWD, STEP 1/2 TURN

1&2 Shuffle right left right to the right
3-4 Rock back on left, recover on right
5&6 Shuffle left right left fwd
7-8 Right step fwd, ½ turn left (weight on left) 6 :00

[9-16] FULL TURN, KICK BALL CHANGE, TAP, KICK 1/4 TURN, COASTER STEP

1-2 ½ turn left stepping right back, ½ turn left stepping left fwd
3&4 Kick right fwd, right ball next to left, recover weight on left
5-6 Tap right ball next to left, ¼ turn right with right Kick fwd 9 :00
7&8 Right ball back, left ball next to right, right step fwd

[17-24] HEEL SWITCH, ROCK FWD, SHUFFLE BACK, ROCK BACK

1&2& Touch left heel fwd, recover on left, touch right heel fwd, recover on right
3-4 Rock step left fwd, recover on right
5&6 Shuffle left right left backward
7-8 Rock back on right, recover on left

[25-32] SHUFFLE 1/2 TURN, COASTER STEP, STOMP x 2, APPLEJACKS

1&2 Shuffle right left right fwd ½ turning left 3 :00
3&4 Left ball back, right ball next to left, left step fwd
5-6 Stomp right fwd, Stomp left next to right
&7&8 Applejacks : Swivel right heel & left toe to the left (weight on right toe & left heel), recover to the center, Swivel left heel & right toe to the right (weight on left toe & right heel), recover to the center

Option for 7-8 to replace applejacks : Swivel right heel inside, swivel left heel inside

Start again and enjoy ! Keep the Tempo..... No Tag, No Restart

Oh Yeahhhhh !!

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