

Better In Time

COPPER KNOB
BY STEPHEN B. B. B.

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lily Iguchi (JP) - October 2012
音乐: Better In Time - Leona Lewis



SIDE, 1/4 TURN JAZZ BOX CROSS, SIDE, TOGETHER, STEP, 1/2TURN TOUCH, 1/2 SAILOR TURN TOUCH

1 Step Left to left
2&3& Cross right over left, Step back left with 1/4 turn right, Step right to right side, Cross over Right
4& Step right to right, Step next to right
5-6 Step forward, Turn left 1/2 and left point touch forward (Weight on right)
7 Step shifting weight to left
8&1 Sweep right and step right behind left, 1/2 Turn right stepping left next right, point touch right forward(3:00)

RIGHT TOUCH, BACK ROCK, RECOVER, RIGHT TOUCH, COASTER STEP, PIVOT TURN 1/2 RIGHT, STEP

2 Point right toe to right side,
3&4 Rock back on right, Recover on left, Point right toe right side
5&6 Step right back, Step left next to right, Step right forward
7&8 Step left forward, Make 1/2 turn right, Step left forward,(9:00)

STEP, SWEEP 3/4 TURN LEFT, BEHIND, SIDE, CROSS, SIDE, BEHIND, TOUCH, STEP, SWEEP, UNWIND 3/4 TURN RIGHT,

1 Step right forward,(left foot sweep and 3/4 turn left) (12:00)
2&3& Cross step left behind right, Step right to right, Cross left over right, Step right to right
4& Cross step left behind left, Point right toe to right side,
5-6 Step right across forward, Left foot sweep back to front
7-8 Cross left over right, Unwind 3/4 turn right weight on right (9:00)

LEFT, BACK ROCK, RECOVER, RIGHT, BACK ROCK, RECOVER, FWD COASTER, BACK COASTER ACROSS

1-2& Step left to left, Rock right back, Recover weight on left
3-4& Step right to right, Rock left back, Recover weight on right,
5&6 Step left forward, Step right next to left, Step left back
7-8& Step right back, Step left next to right, Step right across forward

HOWDY Country Dancers - <http://kooldance.fan-site.net>