

# Stopping Every Minute

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Gloria Stone (USA) - November 2012  
音乐: Don't Rush (feat. Vince Gill) - Kelly Clarkson



**\*Start after 32 counts on "Let's Wake Up"**

## **OUT, OUT, HOLD, SWAY, SWAY, TRIPLE RIGHT CROSS UNWIND ¾ TURN RIGHT**

&1,2      Step Right side right, Step Left side left, Hold  
3,4      Sway right, Sway left  
5&6      Step Right side right, Step Left together, Step Right side right  
7,8      Cross left over Right, Unwind ¾ turn to right transferring weight to Left

## **TRIPLE FORWARD, ROCK, RECOVER, BACK COASTER, ROCK RECOVER**

1&2      Step Right forward, Step Left together, Step Right forward  
3,4      Rock Left forward, Recover Right  
5&6      Step Left backward, Step Right together, Step Left Forward  
7,8      Rock Right Forward, Recover Left

## **RIGHT SAILOR, LEFT SAILOR, STEP RIGHT BACK, ½ TURN RIGHT, CROSS TRIPLE**

1&2      Step Right behind Left, Step Left side left, Step Right side right  
3&4      Step Left behind Right, Step Right side left, Step Left side right  
5,6      Step back Right, make ½ turn right ending with weight on Right  
7,8      Cross Left over Right, Step Right side right, Cross Left over Right

## **STEP RIGHT, CROSS, HOLD, STEP RIGHT, CROSS, HOLD, STEP RIGHT, CROSS ROCK, RECOVER, STEP LEFT, ROCK BACK, RECOVER**

&1,2      Step Right side right, Cross Left over Right, Hold  
&3,4      Step Right side right, Cross Left over Right, Hold  
&5,6      Step Right side right, Rock Left over Right, Recover  
&7,8      Step Left side left, Rock Right behind Left, Recover

**RESTART #1: On the fourth repetition after 16 counts**

**TAG: At the end of the eighth repetition —Repeat 3X**

## **OUT, OUT, HOLD, STEP TOUCH, TURN TOUCH**

&1,2      Step Right side right, Step Left side left  
3,4      Sway right, Sway left  
5,6      Step Right side right, Touch Left to Right  
7,8      Step Left ¼ turn left, Touch Right to left

**RESTART #2: On the ninth repetition after 24 counts**

**ENDING: On the eleventh repetition after 16 counts facing 12:00**

## **OUT, OUT, HOLD, SWAY, SWAY, SWAY TO END**

&1,2      Step Right side right, Step Left side left, Hold  
3,4      Sway right, Sway left  
5-14      Sway to the end

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