

# Mud Digger

**COPPER** KNOB  
STEPPERS

拍数: 48      墙数: 1      级数: Phrased Improver  
编舞者: Gail Smith (USA) - November 2012  
音乐: Mud Digger (feat. Colt Ford) - Lenny Cooper



**INTRO: 11 seconds - On downbeat of music**

\*\*\*\*\* The count is based on the high pitch sound (flute?) - Counts being 1 & 2 & 3 & 4 &

**PATTERN: First time - A BBBB, then AA BBBB throughout the song**

**PART "A" - 16 counts**

**SIDE-ROCK, RECOVER, SCUFF, HITCH, STEP (this section X 2)**

1 &            R rock out to side, L recover  
2 &            R scuff, R hitch and slap right knee  
3 &            R step forward, L scuff  
4 &            L hitch and slap right knee, L step forward  
5 - 8           REPEAT counts 1 - 4 & (12:00)

**MAMBO 1/2 TURN, FORWARD HIP BUMPS, 1/2 TURNING HIP BUMPS, COASTER STEP**

1 & 2            R rock forward, L recover, 1/2 turn right and R step forward  
3 & 4            L step forward as you bump hips forward, back, forward  
5 & 6            1/2 turn shuffle left while stepping R, L, R and bump your hips R, L, R  
7 & 8            L step back, R step together, L step forward (12:00)

**PART "B" ( MUD DIGGER ) - 32 counts**

**HEEL DIG, 1/4 TURN GRIND, STEP BACK, COASTER STEP, LOCK STEP, CHASE 1/2 TURN**

1 & 2            R heel dig forward, twist to 1/4 turn right (shift weight to L), R step slightly back  
3 & 4            L step back, R step together, L step forward,  
5 & 6            R step forward, L lock, R step forward,  
7 & 8            L step forward, 1/2 turn left, L step forward (3:00)

**REPEAT PART "B" 3 MORE TIMES AND END FACING THE FRONT WALL (12:00)**

**START OVER**

The pattern throughout the rest of the dance is section "A" 2 times, section "B" 4 times

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