

Dance Heat of The Night

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Roz Chaplin (UK) - November 2012
音乐: Heat of the Night - Paulina Rubio : (CD: Brava!)



40 Count Intro Start on vocals after 8 Counts of the Intro

HEEL GRIND, SHUFFLE BACK, BACK ROCK, KICKBALLCHANGE

1-2 Grind right heel turning right toe right, recover onto left
3&4 Step back on right, close left beside right, step back on right
5-6 Rock back on left, recover onto right
7&8 Kick left foot forward, step left beside right, step right in place

STEP, HOLD, CLOSE-STEP, HOLD, RIGHT SAILOR STEP, LEFT SAILOR STEP

1-2 Step left to left side, Hold
&3-4 Step ball of right foot next to left, step left to left side, Hold
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right, step right to right side, step left to left side

Restart Here Wall 3

WALK RIGHT, WALK LEFT, CROSS SAMBA X2, WALK RIGHT, WALK LEFT

1-2 Walk forward right, walk forward left
3&4 Cross step right over left, rock left out to left side, recover onto right
5&6 Cross step left over right, rock right out to right side, recover onto left
7-8 Walk forward right, walk forward left

CROSS, SIDE, SAILOR ¼ TURN, MAMBO STEP, FORWARD ROCK, RECOVER WITH FLICK,

1-2 Cross right over left, step left to left side
3&4 Cross right behind left, make ¼ turn right stepping left slightly left, step right forward (3)
5&6 Rock forward on left, recover onto right, step left next to right
7-8 Rock forward on right, recover onto left with a flick

BACK ROCK, SHUFFLE FORWARD, FORWARD ROCK, TRIPLE FULL TURN

1-2 Rock back on right, recover onto left
3&4 Step forward on right, close left beside right, step forward on right
5-6 Rock forward on left, recover onto right
7&8 Triple full turn stepping – left, right, left

Easy Option - For Non Turners Shuffle Back Left, Right, Left

SWAY RIGHT, SWAY LEFT, KICK- BALL CHANGE, KICK-BALL CHANGE , STEP, TOUCH

1-2 Sway hips right, sway hips left (taking weight)
3&4 Kick right foot forward, step right beside left, step left in place
5&6 Kick right foot forward, step right beside left, step left in place
7-8 Step right to right to right side, touch left beside right

STEP, HOLD, CLOSE-STEP, CROSS, SIDE ROCK, SAILOR ½ TURN

1-2 Step left to left side, Hold
&3-4 Step ball of right foot next to left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Turn ½ left stepping left behind right, step right to right side, step left to left side (9)

STEP ¼ TURN X2, JAZZ BOX,

1-2 Step forward on right, pivot ¼ left (6)

- 3-4 Step forward on right, pivot $\frac{1}{4}$ left (3)
- 5-6 Cross right over left, step back on left
- 7-8 Step right to right aide, step left beside right

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