

# Stupid Heart

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Ria Vos (NL) - November 2012  
音乐: My Heart Is Refusing Me - Loreen : (Album: Heal or Single - New Version)



## Intro: 32 Counts

### Side Rock, Kick-Cross, Point, ¼ L, ½ L, Shuffle ½ Turn L

1-2            Rock R to R Side, Recover on L  
3&4           Kick R Fwd, Cross R Over L, Point L to L Side  
5-6           ¼ Turn L Step weight on L, ½ Turn L Step Back on R  
7&8           Shuffle ½ Turn L Stepping L, R, L

### Rock Fwd, ¼ R, Cross, ¼ R, Sweep ¼ Turn R, Samba Step

1-2            Rock Fwd on R, Recover on L  
3-4           ¼ Turn R Step R to R Side, Cross L Over R  
5-6           ¼ Turn R Step Fwd on R, Sweep L into ¼ Turn R  
7&8           Cross L Over R, Rock R to R Side, Recover on L

### Cross Rock, Chasse R, Cross, Monterey ½ Turn R

1-2            Rock R Over L, Recover on L  
3&4           Step R to R Side, Step L Next to R, Step R to R Side  
5-6           Cross L Over R, Point R to R Side  
7-8           ½ Turn R Step R Next to L, Point L to L Side

### Cross, Full Turn L (¼ L, ½ L, ¼ L), Behind, ¼ R, Step Pivot ½ Turn R

1-2            Cross L Over R, ¼ Turn L Step Back on R  
3-4           ½ Turn L Step Fwd on L, ¼ Turn L Step R to R Side  
5-6           Step L Behind R, ¼ Turn R Step Fwd on R  
7-8           Step Fwd on L, Pivot ½ Turn R

### Diagonal Step, Lock, Diag. Lock Step Fwd, Diagonal Step, Lock, Kick-Ball-Cross

1-2            Step L Fwd to L Diagonal, Lock R Behind L  
3&4           Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd to L Diagonal  
5-6           Step R Fwd to R Diagonal, Lock L Behind R  
7&8           Kick R to R Diagonal, Step R Next to L, Cross L Over R

### Side, Bounce ¼ L, Hitch ¼ L, Side, Point, ¼ R Fwd, Scuff Turning ½ R

1              Step R to R Side  
2-3           Bounce Heels for 2 Counts Turning ¼ L (ending weight on R)  
4-5           Hitch L into ¼ Turn L, Step L to L Side  
6-7           Point R to R Side, ¼ Turn R Step weight on R  
8              Scuff L Next to R and Turn ½ R Slightly Hitching L (ready to go BACKwards)

### Back, Back, Coaster Step, Point Fwd-Side, Hitch-Side-Together

1-2            Step Back on L, Step Back on R  
3&4           Step Back on L, Step R Next to L, Step Fwd on L  
5-6           Point R Fwd, Point R to R Side  
7&8           Hitch R, Step R to R Side, Step L Next to R

### Side Rock, Sailor ¼ R, Rock Fwd, Coaster Cross

1-2            Rock R to R Side, Recover on L

3&4            Step R Behind L Turning  $\frac{1}{4}$  R, Step L Next to R, Step Fwd on R  
5-6            Rock Fwd on L, Recover on R  
7&8            Step Back on L, Step R Next to L, Cross L Over R

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