

My 1st Waltz

COPPER KNOB
BYEPOSTETS

拍数: 24 墙数: 2 级数: Ultra Beginner - waltz
编舞者: Gail Smith (USA) - November 2012
音乐: If It Takes All Night - Thompson Square : (Album: Thompson Square)



INTRO: 24 Waltz Beats - Start on Vocals

S1: BASIC FORWARD & BACK

1 - 2 - 3 Step left forward, Step right together, Step left together
4 - 5 - 6 Step right backward, Step left together, Step right together (12:00)

S2: TWINKLES - TRAVELING FORWARD

1 - 2 - 3 Step left to slight forward diagonal, Step right to side, Step left together
4 - 5 - 6 Step right left diagonally forward over left, step left to side, step right together (12:00)

***** You're moving forward - sort of a zigzag pattern

S3: FORWARD, POINT, HOLD, 1/4, POINT, HOLD

1 - 2 - 3 Step left forward (in front of right foot), Point right out to side, HOLD
4 Keep feet in place, bend knees slightly & swivel 1/4 turn right and step right heel down
5 - 6 Point left out to side, HOLD (3:00)

REPEAT S3:- FORWARD, POINT, HOLD, 1/4, POINT, HOLD (6:00)

REPEAT

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