

Guardian

COPPER **KNOB**
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Bill Larson (AUS) & Travis Taylor (AUS) - October 2012
音乐: Guardian - Alanis Morissette : (CD: Single - 4:18)



CW rotation

Section 1: Step, Step Pivot Step, Turn Sweep, Sailor Cross, Side Rock

1 Step R forward
2&3 Step L forward, Pivot 1/2 turn R, Step L forward (6:00)
4 Turning 1/2 turn L Step R back whilst sweeping L to side (12:00)
5&6 Step L behind R, Step R to side, Cross L over R
7,8 Rock/Step R to right side, Rock/Sway weight onto L Restart on wall 7

Section 2: & Side Rock, Sailor step, Sailor Cross, Side 3/4 Hinge Step

&1,2 Step R next to L, Rock/Step L to side, Rock/Sway weight onto R
3&4 Step L behind R, Step R to side, Step L to side
5&6 Step R behind L, Step L to side, Cross / Step R over L
7,8 Step L to side, turning 3/4 turn R Step R forward (9:00)

Section 3: & Forward Rock, Coaster Step, Step Paddle Cross, Side Rock

&1,2 Step L next to R, Rock/Step R forward, Recover weight back onto L
3&4 Step R back, Step L beside R, Step R forward
5&6 Step L forward, turning 1/4 R Step R to side, Cross L over R (12:00)
7,8 Rock/Step R to right side, Rock/Sway weight onto L

Section 4: Hinge Samba, Samba, 3/4 Turn, Step Pivot Step Change

1&2 Hinging 1/2 turn R Step R to side, Rock weight onto L, Cross R over L (6:00)
3&4 Step L to side, Rock weight onto R, Cross L over R
5,6 Turning 1/4 L Step back on R, turning 1/2 L Step fwd on L (9:00)
7&8 Step R forward, Pivot turn 1/2 L, Step R forward (3:00)
& Step L beside R

Start Again

Restart: On wall 8 (facing 9:00) Dance section 1 (8 counts) then restart dance (facing 9:00)

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