

On A Saturday Night

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Improver - ECS rhythm
编舞者: Michael Barr (USA) & Michele Burton (USA) - October 2012
音乐: Steppin' Out On a Saturday Night - E.C. Scott : (Album: Hard Act To Follow - 3:03)



AKA: Steppin' Out On A Saturday Night

Choreographed in Kauai on a Saturday night. No tags or restarts!!!

Lead: 48 counts. BPM: 132

[1-8] TRIPLE FORWARD ~ TRIPLE FORWARD ~ STEP 1/2 TURN ~ WALK WALK

1 & 2 Step R forward; Step L next to R; Step R forward
3 & 4 Step L forward; Step R next to L; Step L forward
5 – 6 Step R forward; Turn ½ left, transferring weight to L
7 – 8 Step R forward; Step L forward

[9-16] SYNCOPATED LOCK STEPS (WIZARDS) ~ SIDE, BEHIND, CHASSE RIGHT

1, 2& Step R to right diagonal; Step L behind (lock) R; Step R to right diagonal
3, 4& Step L to left diagonal; Step R behind (lock) L; Step L to left diagonal
5 – 6 Step R side right; Step L behind R
7 & 8 Step R side right; Step L next to R; Step R side right

[17-24] ROCK RETURN, SIDE TOGETHER ¼ LEFT ~ JAZZ BOX

1 – 2 Rock L in front of R; Return weight onto R in place
3 & 4 Step L side left; Step R next to L; Turn ¼ left stepping L forward
5 – 6 Cross step R in front of L; Step L back
7 – 8 Step R side right; Step L forward

[25-32] TOUCH HOLD, STEP TOUCH STEP ~ TOUCH HOLD, STEP TOUCH STEP

1 – 2 Touch R side right; Hold
&3-4 (&) Step R next to L; Touch L side left; Step L next to R
5 – 6 Touch R side right; Hold
&7-8 (&) Step R next to L; Touch L side left; Step L next to R

[33-40] ROCKING CHAIR ~ ROCK FORWARD RETURN ½ TURN TRIPLE

1 – 2 Rock R forward; Return weight to L in place
3 – 4 Rock R back; Return weight to L in place
5 – 6 Rock R forward; Return weight to L in place (look over right shoulder)
7 & 8 Turn ¼ right stepping R side right; L step next to R; Turn ¼ right stepping R forward

[41-48] OUT OUT ~ 3 HEEL BOUNCES ~ BACK BACK ROCK BACK RETURN

&1 (&) Step L out side left; (1) Step R out side right
2,3,4 Lift both heels and drop both heels 3 times: Heel drop, Heel drop, Heel drop (weight on L)
5 – 6 Step R back; Step L back
7 – 8 Rock step back on ball of R; Return weight onto L in place

Have Fun & Let's Dance it Again!!!

A great part of the song comes on counts, &1,2,3,4, of the last set. Here you first have the, out out, which sets up the heel bounces (2,3,4).

Alternate for the bounces can be turned into something like, in in together, with attitude of course.

Just remember you have 3 counts to basically rock out (-_-).

Contact - Web Access: www.MichaelandMichele.com - Step Sheets, music & video links, plus more!
