

Fallin' For You

COPPERKNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Michael Barr (USA) - November 2012
音乐: Fallin' for You - Heather Headley : (CD: This Is Who I Am)



Lead: 16 count., BPM: 108, Length: 3:02

[1 - 8] WALK, WALK, SIDE BALL CHANGE, CROSS - SIDE, 1/2 TURN R, CROSS, BACK, SIDE

1, 2 Walk forward R, L
&3, 4 (&) Rock/Step ball of R side right; (3) Return weight to L in place; (4) Step R forward in front of L
5, 6 Step L side left; Turn 1/2 right stepping R side right 6:00
7&8 Cross/Step L in front of R; Step R slightly back; Step L side left and slightly back

[9 - 16] CROSS, 1/4 R, LOCK STEP BACK - 1/4 L, 1/4 R, 1/4 R BALL TOUCH

1, 2 Cross/Step R in front of L; Turn 1/4 R stepping back on L 9:00
3 & 4 Step back on R; Cross (lock) step L going back in front of right; Step back on R
5, 6 Turn 1/4 left stepping L side left (lean & look left); Turn 1/4 right replacing weight onto R in place 9:00
7&8 Turn 1/4 right stepping L side left (small step); (&) Return weight onto R in place; Touch L next to R 12:00

[17-24] SIDE, BEHIND, (&) 1/4 L, 1/4 L, BEHIND - (&) 1/4 R, FORWARD, 1/2 R, LOCK FORWARD

1, 2 Step L side left; Step R behind L
Timing: Count 1; As you step L side left stretch the side step to feel like you are dragging the right.
&3, 4 (&) Turn 1/4 left stepping L forward; Turn 1/4 left stepping R side right; Step L behind R 6:00
Timing: Count 3; As you turn and step the R side right stretch the side step to feel like you are dragging the left.
&5, 6 Turn 1/4 right stepping R forward; Step L forward; Turn 1/2 right shifting weight to R 3:00
7&8 Step L forward; Step R behind L heel; Step L forward 3:00
Alternate: For 7&8 you can do a full turn right instead of the lock step

[25-32] STEP, POINT, CROSS BALL CHANGE - STEP, 1/2 TURN POINT, MODIFIED SAILOR STEP

1, 2 Step R forward; Point/touch L side left
3 & 4 Step L forward in front of R; (&) Step ball of R side right; Return weight to L moving slightly forward
5, 6 Step R forward in front of L; Turn 1/2 right touching L side left (sharp turn) 9:00
7&8 Step L behind R; Step R side right; Step L forward

Begin Again!!!

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Web Access: www.MichaelandMichele.com - Step Sheets, music & video links, plus more!