

Just A Fool

COPPER KNOB
BY STEPHEN

拍数: 96 墙数: 2 级数: High Intermediate
编舞者: Alison Johnstone (AUS) & Travis Taylor (AUS) - November 2012
音乐: Just a Fool (feat. Blake Shelton) - Christina Aguilera : (iTunes)



Restart: 3 restarts see below, Walls 2,4,5 Easily heard in the music.

Start: Starts on big beat (1st 3 counts before vocals "Got a shot of Whiskey") 9 seconds into track

(1-12) Forward Sweep, Forward Sweep, Rock , Recover ½ Right, Forward Hook Full Turn R (6.00)

1, 2, 3 Step forward Right, Sweep Left around, Hold
4, 5, 6 Step Forward Left, Sweep Right around, Hold
7, 8, 9 Rock forward Right, Recover Left, ½ Turn Right stepping Right forward (6.00)
10,11,12 Small Step forward Left into a full turn Right hooking Right under, Hold Hold

(Easier option Small Step Forward left, Drag for counts 10,11,12)

***** Wall 4 dance 1st 12 counts you will be facing 12.00- RESTART*****

(12-24) Basic Waltz ½ Right, Back Basic , Basic Waltz ½ Right, Back Left, Right, Left (6.00)

1, 2, 3 Step forward Right, ½ Turn Right stepping back Left, Step Right in place (1/2 turn Basic)
4, 5, 6 Step back Left, Step Right together, Step Left in place (Back Basic)
7, 8, 9 Step forward Right, ½ Turn Right stepping back Left, Step Right in place (1/2 turn Basic)
10,11,12 Step back Left, Step back Right, Step back Left

***** Wall 2 dance 1st 24 counts- count 24 step forward Left (becomes a coaster step) you will be facing 12.00- RESTART*****

(25-36) Step ¼ Side Right Drag, Hold, Step Left Drag Hold, Behind, Side, Front, Step Left Sway Hold (9.00)

1, 2, 3 Step Right ¼ turn Right dragging Left, Hold, Hold
4, 5, 6 Step Left to side dragging Right, Hold Hold
7, 8, 9 Step Right behind Left, Step Left to side, Step Right in front of Left (Small steps)
10,11,12 Step Left to side swaying hips Left, Hold Hold

(36-48) Sway Right Hold, Sway Left, Hold, Sway Right Hold, ¼ Left Forward, ½ Left Back on Right, ½ Left Forward (6.00)

1, 2, 3 Step Right to side swaying hips Right, Hold, Hold
4, 5, 6 Step Left to side swaying hips Left, Hold Hold
7, 8, 9 Step Right to side swaying hips Right, Hold, Hold
10,11,12 ¼ turn Left stepping left forward, ½ turn Left stepping back Right, ½ turn Left stepping left forward (Small Steps)

(49-60) Step Right Forward, Sweep, Hitch, Left Twinkle, Step Right Forward, Sweep, Hitch ¼ Left Twinkle (3.00)

1, 2, 3 Step Forward Right, Sweep Left, Small hitch Left
4, 5, 6 Cross Left over Right, Rock to Right, Step Left side
7, 8, 9 Step Forward Right, Sweep Left, Small hitch Left
10,11,12 Cross Left over Right, Rock to Right, ¼ turn L Replace weight on Left

(61-72) Rock Forward Right Hold, Back Left, Step ¼ Right Side, ¼ Right Left To Side, Right Sailor Step, ¼ Left Sailor Step (6.00)

1, 2, 3 Rock Forward Right, Hold, Hold
4, 5, 6 Step Back Left, Step ¼ turn Right Side, ¼ turn Right stepping Left to side
7, 8, 9 Step Right behind Left, Step Left to side, Step Right to Side (Sailor Step)
10,11,12 Step Left Behind Right, ¼ Left stepping Right forward, Step Left to Side (Sailor ¼ turn Left)

**** Wall 5 dance 1st 72 counts you will be facing 6.00 - RESTART***

(73-84) Rock Forward Right Hold, Back Left, Step ¼ Right Side, ¼ Right Left To Side, Right Sailor Step, Cross Left Behind Unwind ¾ Left Taking Weight Left (3.00)

1, 2, 3 Rock Forward Right, Hold, Hold
4, 5, 6 Step Back Left, Step ¼ turn Right Side, ¼ turn Right stepping Left to side
7, 8, 9 Step Right behind Left, Step Left to side, Step Right to Side (Sailor Step)
10,11,12 Cross Left behind Right, Unwind ¾ left over 2 counts taking weight onto Left

(85-96) ¼ Left Stepping Back Right Hold, ½ Left Stepping Forward Hold, Full Turn Right (RLR), Step Forward Left Drag

1, 2, 3 ¼ turn Left stepping back on Right, Hold, Hold
4, 5, 6 ½ turn Left stepping forward, Hold, Hold (prepare for Right Turn)
7, 8, 9 Full turn over Right stepping, Right, Left, Right
10,11,12 Step Forward Left, Drag Right

*****Ending: Wall 8 - dance to count 57 and on the 2nd Twinkle (up to count 60) turn ½ on that twinkle to face front *****

START AGAIN

CHOREOGRAPHERS NOTES

(1) This dance really flows and it is really important that you do step **BACK, BACK, BACK** on counts 22-24 to regain your floor position. It is not another back basic waltz step.

(2) Steps 31-33(the small weave) is danced with **SMALL STEPS**

(3) Steps 46-48 **SMALL STEPS** and is danced almost on the spot

(4) 2nd Restart is very early in the music and immediately after that restart facing front you will hear Blake singing for the 1st time.

That is another pointer that you are on your final Restart wall and you will Restart facing the back wall.

This is a fantastic track and we hope you enjoy the dance.

The restarts are easy to hear with the music - We hope you enjoy our dance

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