

# Breathe Life

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Tina Summerfield (UK) - November 2012  
音乐: Flower - Kylie Minogue : (iTunes)



## Intro – 16 Counts - No tags or restarts!

**Section 1: Cross R , Scissor step, Step R back ¼ turn L, Step L Forward ½ turn L, Step R Side ¼ turn L, Back rock L, Recover , Step L side , Step R Behind , Step L side.**

1-2&3      Cross right over left, Step left to left side, close right beside left, cross left over right  
4&5      Step back on right ¼ turn left, step forward on left ½ turn left, step right big step to right side  
¼ turn left (12.00)

**(Easier option: Counts 4&5 Step right side, step left behind right, step right to right side)**

6&7      Rock back on left, recover to right, step left to left side,  
8&      Cross right behind left, step left to left side.

**Section 2: Cross rock on R, Recover, Step R forward ½ turn R to diagonal, step L forward, Full turn L on diagonal, Sweep R 1/8 turn L , Cross R , Step L side, Step R behind. Sweep back, Step L behind, Step R side**

1-2&3      Cross rock on right, (to left diagonal) recover to left, step right forward ½ turn to diagonal,  
step left forward (4.30)  
4&5      Step back on right ½ turn left, step forward on left ½ turn left, sweep right forward 1/8 turn left  
(3.00)

**(Easier option: counts 4& walk forward right, left)**

6&7&      Cross right over left, step left to left side, step right behind left, sweep left back  
8&      Step left behind right, step right to right side

**Section 3: Cross rock on L, Recover, Step L side, Cross rock R, Recover, Ball cross, Hitch R , Cross R, Step back on left ¼ turn R, Run back x 2 ,**

1-2&      Cross rock on left, recover to right, step left small step to left side,  
3-4&5&      Cross rock on right, recover to left, step right small step to right, cross left over right, hitch  
right across left knee  
6 -7      Cross right over left, step back on left making ¼ turn right (6.00)  
8&      Run back Right, Left (or full turn right)

**Section 4: Step R side ¼ turn R, Rock back on L, Recover, Step L side, Rock back on R, Recover, Step R back ½ turn left, Rock back on left, Recover Step L forward with full spiral turn R**

1-2&3      Step right big step to right side ¼ turn right, rock back on left, recover to right, step left to left  
side (9.00)  
4&5      Rock back on right, recover to left, step right back ½ turn left (3.00)  
6 -7      Rock back on left, recover to right (this should have a gentle swaying action)  
8      Step left forward hooking right across left ankle making full turn right (3.00)

**(Easier option Count 8 Walk forward left)**

Contact: [tina@nulinedance.com](mailto:tina@nulinedance.com)