

# A Thousand Years

**COPPER KNOB**  
STEPSHEETS

拍数: 36                      墙数: 2                      级数: Improver / Intermediate  
编舞者: Nicky Tan (MY) - May 2012  
音乐: A Thousand Years - Christina Perri



Dance starts after 48 counts (at vocal)

## Section 1 : Step forward with Ronde Sweep, Jazz Box

1-3                      Step LF forward with RF Ronde sweep to front over two counts  
4,5,6                      Cross RF over LF, Step LF back, Step RF to R

## Section 2 : Cross, Hold, Step, Behind, ¼ Turn Forward

1-3                      Cross LF over RF & hold for two counts  
4,5,6                      Step RF to R, Cross LF behind RF, Turn ¼ R & Step RF forward

## Section 3 : Forward Touch with body & arms movement

1-3                      Touch LF forward & bend body forward at the same time with hands out in front, hold for two counts  
4-6                      Straighten body & open arms out to side

## Section 4 : Basic Waltz Back, ¼ Turn Twinkle turning R

1,2,3                      Step LF back, Step RF beside LF, Step LF beside RF  
4,5,6                      Cross RF over LF, Turn ¼ R & Step LF to L, Step RF beside LF

## Section 5 : Cross, ½ Turn, Step, Cross, ½ Turn, Step

1,2,3                      Cross LF over RF, Turn ¼ L & Step RF back, Turn ¼ L & Step LF to L  
4,5,6                      Cross RF over LF, Turn ¼ R & Step LF back, Turn ¼ R & Step RF to R

## Section 6 : Step, Point, Hold 2X

1,2,3                      Step LF forward, Point RF to R, Hold  
4,5,6                      Step RF back, Point LF to L, Hold

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