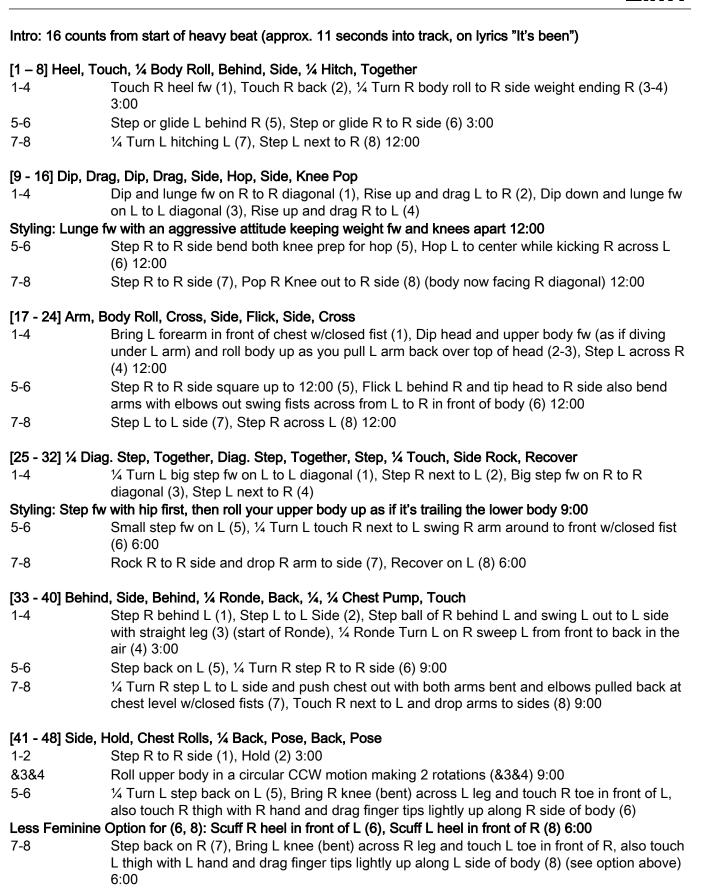
Got Me Good

拍数: 64

墙数: 2 级数: Intermediate / Advanced

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音乐: Got Me Good - Ciara : (slowing track down 5% is recommended, TL=4:05)





COPPERKNO

[49 - 57] Step, Step, Rock, Recover, Cross, Rock, Recover, Jazz Box

- 1-2 Step fw on L (1), Step fw on R (2) 6:00
- 3&4 Rock L foot and L shoulder to L side (3), Recover on R (&), Cross L over R (4) 6:00
- 5&6 Rock R foot and R shoulder to R side (5), Recover on L (&), Cross R over L (6) 6:00
- 7-8-1 Step back on L (7), Step R to R side (8), Step fw on L (1) 6:00

[58 - 64] Dip-Rise, Dip-Rise, Step, Step, Hold, Kick-Ball-Change

- 2& Step R next to L and face R diagonal, dip down and hold arms out to sides w/palms up bending at elbows bringing hands up (2), Rise up and straighten arms while still holding them out to sides (&) 6:00
- 3& Dip down and hold arms out to sides w/palms up bending at elbows bringing hands up (3), Rise up and straighten arms while still holding them out to sides (&) (weight ending on L)
- Styling: In the "&" counts of "2&3&", it's as if you're asking "What" in an aggressive manner 6:00
- 4-6 Step fw on R and drop arms to sides (4), Step fw on L (5), Hold (6) 6:00
- 7&8 Kick R fw (7), Step ball of R slightly back (&), Step L in place (8) 6:00

Tag At the end of Wall 2, 4 and 6 (or every time you return to 12:00 to start your next wall), do the following 16 count tag:

[1 - 8] Knee, Knee, Body Roll, Hip Bumps

- 1&Bring R knee up and push both hands down (1), Step down on R and relax hands (&) 12:002&Bring L knee up and push both hands down (2), Step down on L and relax hands (&) 12:003-4Forward body roll from head down to hip (3-4) 12:00
- &5&6, 7-8 Bump hip to L side (&), to R side (5), to L side (&), to R side (6), to L side (7), to R side (8) (weight ending on R)

Easier Option (5-8): Bump hip to L side (5), to R side (6), to L side (7), to R side (8) 12:00

[9 - 16] Side, Cross, Miming Arms (3), Hold, Together, Side, Touch

- 1-2 Small step L to L side (1), Cross R over L (2) 12:00
- 3-4 As if there's an invisible wall in front of you: Step L to L side and touch wall with open hands to your upper L (3), Touch wall to your lower R (4) 12:00
- 5-6 Bring both arms down w/palms down to lower L side (5), Hold position (6) 12:00
- As if your hands are glued down to that spot, move your body without moving your hands from that location: Step R next to L (&), Step L to L side (7) 12:00
- 8 Touch R next to L and drop hands to sides 12:00

Start Walls 3, 5 and 7 here facing 12:00

Ending On Wall 7 dance up to Count 32 (Recover on L facing 6:00), then ½ Turn L on L step R to R side (33) to face 12:00 and pose

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