Floor On Fire



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Alison Metelnick (UK) - October 2012

音乐: Floor On Fire (Joe Marton Radio Mix) - Taylor Dayne



Start after 32 count intro on verse vocals (you have to count this faster as the intro is at half speed. Needs practice for the count in as it can be a wee bit tricky - about 15 secs into song) [3mins 35secs – 128 bpm]

Thanks to Phil for the music suggestion...

[1-8] R & L toes switches, 1/4 pivot left, R modified jazz box

1&2 Point R to R side & switch & point L to L side

&3-4 Step L in place, step R forward ¼ pivot L (weight on L) (9 o'clock)

5-6& Cross step R over L, step L back, step R next to L

7-8 Step L forward, step R forward

[9-16] L fwd rock/recover, ½ L fwd shuffle, syncopated toe touches finishing with a knee lift

1-2 Rock forward on L. recover on R

3&4 Turning ½ L shuffle forward left, right, left (3 o'clock)

&5&6&7&8 Step R fwd, touch L toe behind R heel, step L in place, touch R toe in front of L toes, step R

in place, touch L toes behind R heel, step L in place, lift or hitch up R knee

[17-24] ¼ L pivot, R cross shuffle, L side rock/recover, ½ L sailor step

1-2 Step R fwd ¼ pivot L (12 o'clock)

3&4 Cross step R over L, step L to L side, cross step R over L

5-6 Rock left to L side, recover on R

7&8 Cross step L behind R, ½ turn L stepping R next to L, step L forward (6 o'clock)

[25-32] 2 x walks fwd, R ball step back, 2 x walks back, L ball step fwd

1-2 Walk forward R, L

&3-4 Step R next to L, step L next to R, step R back

5-6 Walk back L, R

&7-8 Step L back, step R next to L, step L fwd

BIG FINISH: Dance counts 17-30 touch L toes behind R heel and unwind ½ turn L to face front & strike a pose!

[33-40] 1/4 L pivot, cross R, L ball step, L side rock/recover, syncopated weave

1-2 Step R fwd, ¼ pivot L (3 o'clock)

3&4 Cross step R over L, step L to L side, cross R over L

(This is similar to a cross shuffle but when danced to the music it feels better to think of it as a cross ball step)

5-6 L side rock, recover weight on R

7&8& Cross step L behind R, step R to R side, cross step L over R, step R to R side

[41-48] Cross L behind R, hold, R ball step fwd, L fwd rock/recover, ½ turn L shuffle fwd

1 -2 Cross step L behind R, hold!

83-4 Step R next to L, step L fwd, step R fwd
5-6 Rock L forward, recover weight on R
7&8 ½ turn L shuffle forward (9 o'clock)

[49-56] R touch, hold, R ball step, 1/4 pivot L, L cross shuffle

1-2 Touch R toes forward, hold

& 3-4 Step R next to L, step L fwd, step R fwd 5-6 Step L fwd ¼ pivot right (12 o'clock)

7&8 Cross step L over R, step R to R side, cross step L over R

[57-64] 3 step box with ½ L turn, 3 step weave R, R side rock/recover, R anchor step

1-2-3 Step right to right side, turn ¼ L step L to L side, turn ¼ L step R to R side (6 o'clock)

4&5 Cross step L behind R, step R to R side, cross step L over R

6-7 R side rock, recover weight on L

8& Place R behind L (3rd position) transfer weight to L

Contact: Tel: 01462 735778 - Website: www.thedancefactoryuk.co.uk