

MDH Cha Cha

拍数: 68 墙数: 4 级数: Intermediate
编舞者: MDH (Mila/Dory/Hazel) - 2001
音乐: Todo, Todo, Todo - Daniela Romo



Or your favorite Cha Cha music

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|-------|--|
| 1-2 | Cross Left over Right, Rock Right back |
| 3&4 | Cha Cha steps Left, Right, Left in place |
| 5-6 | Cross Right over Left, Rock Left back |
| 7&8 | Cha Cha steps Right, Left, Right in place |
| 9-10 | Left cross, full turn right ending with weight on Right |
| 11&12 | Cha Cha Left, Right, Left in place |
| 13-14 | Cross Right over Left, Rock Left back |
| 15&16 | Cha Cha steps Right, Left, Right in place |
| 17-18 | Cross Left over Right, Rock Right back |
| 19&20 | Cha Cha steps Left, Right, Left in place |
| 21-22 | Right cross, full turn left ending with weight on Left |
| 23&24 | Cha Cha Right, Left, Right in place |
| 25-26 | Left forward, Rock back on Right |
| 27&28 | Cha Cha steps Left, Right, Left in place |
| 29-30 | Right back, Rock forward Left |
| 31&32 | Cha Cha steps Right, Left, Right in place |
| 33-34 | Left forward, full turn Right ending with weight on Right |
| 35&36 | Cha Cha steps Left, Right, Left in place |
| 37-38 | Right back, Rock Left forward |
| 39&40 | Cha Cha steps Right, Left, Right in place |
| 41-42 | Bump hips Left twice |
| 43-44 | Bump hips Right twice |
| 45-46 | Bump hips Left twice |
| 47-48 | Bump hips Right twice |
| 49-50 | Left forward, Rock back on Right |
| 51&52 | Cha Cha steps Left, Right, Left |
| 53-54 | Right back, L forward, |
| 55&56 | 1/2 L Cha Cha stepping Right, Left, Right |
| 57-58 | Left back, R forward |
| 59&60 | 1/2 turn R Cha Cha stepping Left, Right, Left |
| 61-62 | Right back, Rock Left forward |
| 63&64 | Cha Cha steps Right, Left, Right in place |
| 65-66 | Swing Left hips to Left side, Swing Right hips to Right side |
| 67-68 | 1/4 turn Right swinging Left hips to Left side, Swing Right hips to Right side |

BEGIN DANCE AGAIN

Contact: hazelsioson@hotmail.com

