

MDH Cha Cha

拍数: 68 墙数: 4 级数: Intermediate
编舞者: MDH (Mila/Dory/Hazel) - 2001
音乐: Todo, Todo, Todo - Daniela Romo



Or your favorite Cha Cha music

- 1-2 Cross Left over Right, Rock Right back
3&4 Cha Cha steps Left, Right, Left in place
5-6 Cross Right over Left, Rock Left back
7&8 Cha Cha steps Right, Left, Right in place
9-10 Left cross, full turn right ending with weight on Right
11&12 Cha Cha Left, Right, Left in place
- 13-14 Cross Right over Left, Rock Left back
15&16 Cha Cha steps Right, Left, Right in place
17-18 Cross Left over Right, Rock Right back
19&20 Cha Cha steps Left, Right, Left in place
21-22 Right cross, full turn left ending with weight on Left
23&24 Cha Cha Right, Left, Right in place
- 25-26 Left forward, Rock back on Right
27&28 Cha Cha steps Left, Right, Left in place
29-30 Right back, Rock forward Left
31&32 Cha Cha steps Right, Left, Right in place
- 33-34 Left forward, full turn Right ending with weight on Right
35&36 Cha Cha steps Left, Right, Left in place
37-38 Right back, Rock Left forward
39&40 Cha Cha steps Right, Left, Right in place
- 41-42 Bump hips Left twice
43-44 Bump hips Right twice
45-46 Bump hips Left twice
47-48 Bump hips Right twice
- 49-50 Left forward, Rock back on Right
51&52 Cha Cha steps Left, Right, Left
53-54 Right back, L forward,
55&56 1/2 L Cha Cha stepping Right, Left, Right
- 57-58 Left back, R forward
59&60 1/2 turn R Cha Cha stepping Left, Right, Left
61-62 Right back, Rock Left forward
63&64 Cha Cha steps Right, Left, Right in place
- 65-66 Swing Left hips to Left side, Swing Right hips to Right side
67-68 1/4 turn Right swinging Left hips to Left side, Swing Right hips to Right side

BEGIN DANCE AGAIN

Contact: hazelsioson@hotmail.com

