

Don't Rush

拍数: 32 墙数: 4 级数: Newcomer / Novice - Cuban
编舞者: Pim van Grootel (NL) & Bella Scholtz  - November 2012
音乐: Don't Rush (feat. Vince Gill) - Kelly Clarkson



Starts after: 32 Counts

Step Side, Rock Back, Recover, Basic Fwd, Step fwd, 1/4 Turn R, Cross Over, Step Side, Cross Behind

- 1 LF Step to left side
- 2 RF Rock back
- 3 LF Recover weight
- 4 RF Step forward
- & LF Step next RF
- 5 RF Step forward
- 6 LF Step forward
- 7 RF 1/4 Turn right, stepping to right side (3.00)
- 8 LF Cross over RF
- & RF Step to right side
- 1 LF Cross behind RF

Hold, Step Side, Cross Rock, Recover, Step Side, Cross Rock, Basic 1/4 Turn R

- 2 Hold
- 3 RF Step to right side
- 4 LF Cross over RF
- & RF Recover weight
- 5 LF Step to left side
- 6 RF Cross over LF
- 7 LF Recover weight
- 8 RF Step to right side

NOTE; Restart point wall 4

- & LF Step next RF
- 1 RF 1/4 Turn right, stepping forward (6.00)

Step fwd, 1/2 Turn R, Lock Step 1/2 Turn R, 1/4 Turn R Rock, Recover, Basic R

- 2 LF Step forward
- 3 RF 1/2 Turn R, stepping forward (12.00)
- 4 LF 1/4 Turn R, stepping to left side (3.00)
- & RF Cross over LF
- 5 LF 1/4 Turn R, stepping backwards (6.00)
- 6 RF 1/4 Turn R, stepping to right (9.00)
- 7 LF Recover weight
- 8 RF Step to right side

NOTE; Restart Point wall 9.

- & LF Step next RF
- 1 RF Step to right side

Cross Rock, Recover, Basic L, Cross Rock, Recover, Rock Side

- 2 LF Cross over RF
- 3 RF Recover weight
- 4 LF Step to left side
- & RF Step next LF
- 5 LF Step to left side

- 6 RF Cross over LF
- 7 LF Recover weight
- 8 RF Step to right side

Tags:-

1: In Wall 4 after 16 counts, you will be facing 6.00.

2: In Wall 9 after 24 counts, you will be facing 3.00.

Contact: www.pimvangrootel.com
