

# Shake Your Groove Thing

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Gilbert Vianzon (USA) - November 2012  
音乐: Shake Your Groove Thing - Peaches & Herb



**Introduction: 32 counts intro**

**(Section 1) □ Cross Rock, Chasse, Vine to Right, ¼ Turn Right**

1-2            Cross rock RF diagonally towards left, replace with LF  
3&4           Chasse to the right : step right to side, left next to right, step right to side  
5-8           Cross LF over RF, step RF to right, step LF behind RF, step RF forward making ¼ turn right

**(Section 2) □ ½ Turn Right, Forward Shuffle Left, Kick Ball Change 2X**

1-2            Step forward LF, ½ pivot turn right, step forward RF  
3&4           Forward shuffle left: step forward left, right foot next to left, step forward left  
5&6           Kick forward RF, step on ball of feet RF, step down on left foot  
7&8           Kick forward RF, step on ball of feet RF, step down on left foot

**(Section 3) □ Forward Shuffle, 1/4 Turn Left Shuffle 3X**

1&2           Forward shuffle R L R  
3&4           1/4 turn left and shuffle L R L  
5&6           ¼ turn left and shuffle, R L R  
7&8           ¼ turn left and shuffle L R L

**(Section 4) □ Sway Right, Left, Right, Left, Paddle Turn Left**

1-4            Slightly bend knees and sway to Right, Left, Right, Left  
5-8            Step forward RF , ¼ turn left putting weight on the ball of RF, step LF in place 2X

**START AGAIN.**

**Bridge: On Wall 1, dance to count 24. Add**

1-4            Sway to Right, Left, Right, Left

**Proceed with counts 25-32**

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