Shakin' Your Head

级数: Newcomer / Novice - Funky motion

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音乐: SMH (Shakin' My Head) (feat. Flo Rida) - Detail

墙数:4

HOP, BACK, COASTER STEP, CROSS ROCK, SWEEP, SAILOR STEP

- RF Jump forward
- 2 LF Recover

1

拍数: 32

- 3 RF Step backwards
- & LF Step next to RF
- 4 RF Step forward
- 5 LF Cross Rock over RF
- 6 RF Recover, Sweep LF from front to back
- 7 LF Cross behind RF
- & RF Step to right
- 8 LF Step to left

HITCH, BACK, ¼ TURN R, TOGETHER, RIGHT CHASSÉ, HALF TWIST TURN LEFT

- 9 RF Hitch forward
- 10 RF Step backwards
- 11 BF ¼ turn right on both feet (3:00)
- 12 LF Step next to RF
- 13 RF Step to right
- & LF Step next to RF
- 14 RF Step to right
- 15 LF Cross behind RF
- 16 ¹/₂ turn left, both feet ends apart (9:00)

DIAGONAL, DRAG, HITCH, WEAVE, DOWN, UP, TOGETHER, CROSS

- 17 RF Step digonally forward, drag LF next to RF
- 18 LF Cross behind RF, Hitch with RF
- 19 RF Cross behind LF
- & LF Step to left
- 20 RF Cross over LF
- 21 LF Step to left, go down bending your knees
- 22 RF Step next to LF, throw LF to left
- 23 LF Cross over RF
- 24 Hold

HEEL JACKS, ½ STEP TURN L, PIVOT TURNS

- & RF Step to right
- 1 LF Heel touch diagonally forward (7:30)
- & LF Step next to RF
- 2 RF Cross over LF
- & LF Step to left
- 3 RF Heel touch diagonally forward (10:30)
- & RF Step next to LF
- 4 LF Cross over RF
- 5 RF Step forward
- 6 LF ¹/₂ turn left, step in place (3:00)
- 7 RF ¹/₂ turn left, step backwards (9:00)



After the 8th wall there is a TAG, you dance the first 8 counts of the dance and you Start the dance again! ENJOY!