

Bad Moon Rising

COPPER **KNOB**
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Maria Tao (USA) - November 2012
音乐: Bad Moon Rising - Emmylou Harris : (CD: Evangeline)



Intro: 32 counts (No Tags; No Restarts)

(S1) HEEL, HEEL, BACK ROCK, RECOVER, FWD LOCK STEP, HOLD

1-2 Touch right heel forward, touch right heel to right side
3-4 Rock right back, recover onto left
5-8 Step right forward, lock left behind right, step right forward, hold

(S2) HEEL, HEEL, BACK ROCK, RECOVER, SIDE, BEHIND, ¼ TURN L, SCUFF

1-2 Touch left heel forward, touch left heel to left side
3-4 Rock left back, recover onto right
5-8 Step left to left, step right behind left, ¼ turn left stepping left forward, scuff right forward [9:00]

(S3) STEP FWD, ¼ TURN L, CROSS, HOLD, SIDE TOE STRUT, CROSS TOE STRUT

1-4 Step right forward, pivot ¼ turn left, cross right over left, hold [6:00]
5-6 Step left toe to left, drop left heel down
7-8 Cross step right toe over left, drop right heel down

(S4) ROCK, RECOVER, CROSS, SCUFF, CROSS, HOLD, ¼ TURN R, SIDE

1-4 Rock left to left, recover onto right, cross left over right, scuff right to right
5-8 Cross right over left, hold, ¼ turn right stepping left back, step right to right [9:00]

(S5) HEEL GRIND (L & R), MAMBO STEP, HOOK

1-2 Step left heel forward turning toes in, grind heel turning toes out
3-4 Step right heel forward turning toes in, grind heel turning toes out
5-8 Rock left forward, recover onto right, step left back, hook right over left

(S6) FWD LOCK STEP, HOLD, STEP FWD, ¾ TURN R, SIDE, HOLD

1-4 Step right forward, lock left behind right, step right forward, hold
5-6 Step left forward, ½ turn right stepping right forward
7-8 ¼ turn right stepping left to left, hold [6:00]

(S7) BACK ROCK, RECOVER, POINT, HOLD, ½ TURN R SAILOR STEP, HOLD

1-4 Rock right back, recover onto left, point right to right, hold
5-8 ½ turn right crossing right behind left, step left to left, step right forward, hold [12:00]

(S8) STEP, SCUFF, ¼ TURN R, STEP, SCUFF, ½ TURN R, RUN, RUN, RUN, HOLD

1-2 Step left forward, scuff right forward
3-4 ¼ turn right stepping right forward, scuff left forward [3:00]
5-8 Run ½ turn right – stepping left, right, left, hold [9:00]

START AGAIN

Contact: mtlinedance@gmail.com