

Nineteen Again

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Robert Fletcher (AUS) & Michelle Palmer (AUS) - October 2012
音乐: Nineteen Again - Ronan Keating : (Album: Fires - iTunes)



Original Position: Weight On Left - Dance Starts: 32 Count Intro

[1 - 8] ¾ UNWIND, SHUFFLE FORWARD, ROCK, REPLACE, SHUFFLE BACK

1, 2 Cross R over L unwind 270o left take weight on L,
3 & 4 Shuffle forward: R-L-R,
5, 6 Rock L forward, Replace weight on R,
7 & 8 Shuffle back: L-R-L. 3:00

[9 - 16] TOUCH BACK, ½ TURN, COASTER STEP, ¼ TURN, CROSS SHUFFLE

1,2 Touch R Toe back, turn 180o right take weight onto L,
3&4 Step R back, Step L together, Step R forward,
5,6 Step L forward, turn 90o right weight on R,
7&8 Cross Shuffle: L-R-L. 12:00

[17 - 24] SIDE, ROCK, CROSS SHUFFLE, SIDE, ROCK ½ SAILOR

1,2 Step R to side, side rock onto L,
3&4 Cross Shuffle: R-L-R,
5,6 Step L to side, side rock onto R,
7&8 Step L behind R, Turn 180o left step R to side, step L to side. 6:00

[25-32] ROCKING CHAIR, FULL TURN, ¼ TURN

1,2 Step R forward, rock back onto left,
3,4 Step R back, rock forward onto left,
5,6 Turn 360o left: R-L,
7,8 Step R forward, Turn 90o left take weight onto L. 3:00

[33-40] SAMBA, SAMBA, PIVOT, FULL TURN

1&2 Step R across in front of L, step L to side, step R to side,
3&4 Step L across in front of R, step R to side, step L to side,
5,6 Step R forward, Turn 180o left take weight onto L,
7,8 Turn 360o left: R-L. 3:00

[41-48] SIDE, ROCK, BEHIND, SIDE, CROSS, SIDE, ROCK, ¼ SAILOR

1,2 Step R to side, side rock onto L,
3&4 Step R behind L, step L to side, step R across L,
5&6 Step L to side, side rock onto R,
7&8 Step L behind R, turn 90o left step R to side, step L to side. 6:00

[49-56] CROSS, REPLACE, ¼ SIDE SHUFFLE, FORWARD, REPLACE, ¼ SIDE SHUFFLE

1,2 Cross R over L, replace weight onto L,
3&4 Step R to side, step L next to R, turning 90o right step R forward,
5,6 Step L forward, replace weight onto R,
7&8 Turn 90o left step L to side, step R next to L, step L to side. 6:00

[57-64] PIVOT, 1/2 SHUFFLE BACK, BACK, BACK, COASTER STEP

1,2 Step R forward, Turn 180o left take weight onto L,
3&4 Turn 180o right shuffle back: R-L-R,

5,6 Step L back, Step R back,
7&8 Step L back, step R together, step L forward 6:00

End of Sequence: To finish the dance – Dance up to count 30 (you will be facing 12:00 wall) -.

CONTACTS:-

Michelle Palmer: 0412 666 890; Email: mpalmer@rebelgroup.com.au

Robert Fletcher: 0417 513 932
