

Dis-moi qu'un Jour (Tell Me One Day)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Dis-moi qu'un jour - Alain Morisod & Sweet People : (CD: Super Sympa)



Intro 32 counts (4x8)

(Section 1) Sidestep Right, Cross Rock, Recover, Chassé Left, Rock Back, Recover.

1-2 Step right to right side. (big step)
3-4 Cross left over right, recover onto right.
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock right backward, recover onto left.

(Section 2) Lock Step Forward, Pivot ¼ Turn Right, Cross Shuffle, Rock Right, Recover.

1&2 Shuffle forward stepping right, left, right.
3-4 Step left forward, ¼ turn right.
5&6 Cross left over right, step right side, cross left over right.
7-8 Rock right side, recover onto left.

(Section 3) Rocking Chair, Pivot ½ Turn Left, Shuffle Forward.

1-4 Rock right forward, recover onto left, Rock right back, recover onto left.
5-6 Step right forward, pivot ½ turn left.
7&8 Shuffle forward stepping right, left, right.

(Section 4) Rock Forward, Recover, Shuffle ½ Turn Left, Pivot ¾ Left Turn, Chassé Right.

1-2 Rock left forward, recover onto right.
3&4 Shuffle ½ turn left stepping left, right, left.
5-6 Step right forward, pivot ¾ turn left.
7&8 Step right to right side, step left next to right, step right to right side.

(Section 5) Rock Forward, Recover, Shuffle Turn ½ Left, Step Forward, Lock, Step Forward, Touch.

1-2 Rock left forward, recover onto right.
3&4 Shuffle ½ turn left stepping left, right, left.
5-6 Step right forward, lock left behind right.
7-8 Step right forward, touch left next right.

(Section 6) Sway Diagonal Left Forward, Touch, Sway Right Diagonal Back, Touch, Triple Full Slow Turn Left, Touch.

1-2 Step diagonal left forward, touch right next left. (left shoulder below)
3-4 Step diagonal right back, touch left next right.
5-8 Tripple full (slow) turn left on the spot stepping L,R,L, touch right next left.

(Section 7) Hip Rolls, Rock Step, Recover, Side Step with 1/4 Turn Right, Hold.

1-4 Step right on the place and hip to right, left, right, left.
5-6 Rock right forward, recover onto left.
7-8 Turn ¼ right step side, hold.

(Section 8) Pivot ½ Turn Right, Shuffle Forward, Rocking Chair.

1-2 Step left forward, turn ½ right.
3&4 Shuffle forward stepping left, right, left.
5-8 Rock right forward, recover on left, rock right back, recover onto left.

Tag (8 counts) and Restart on the 3th repetition after section 1. (6.00)

Lock Step Forward, Rock Forward, Recover, Shuffle Back, Rock Back, Recover.

1&2 Lockstep forward stepping right, left, right.

3-4 Rock left forward, recover onto right.

5&6 Shuffle back stepping left, right, left.

7-8 Rock right back, recover onto left.

Restart.

Ending. Section 2. 7-8 Step R Big Step to Right Side, Cross L behind Right.
