

Sincerita

COPPER KNOB
BYEBSHETS

拍数: 32 墙数: 4 级数: High Beginner / Improver
编舞者: Meiske Pamaputera (INA) - November 2012
音乐: Sincerità - Arisa : (Album: Radio Italia - 30 ANNI)



Count in; 2 count when she sings Sin-CE-rita.

(1- 8) Rock forward, recover, shuffle back, back rock, shuffle ½ turn left

1-2 Rock forward on left, recover on right.
3&4 Stepping back left, right, left
5-6 Rock back on right, recover on left
7&8 Shuffle ½ turn left, stepping back left, right, left (06;00)

(9-16) Step back, brush, shuffle ½ turn right , step forward, pivot, shuffle forward

1-2 Step back on left, brush right.
3&4 Shuffle ½ turn right stepping forward right. left, right.(12:00)
5-6 Step forward on left, ½ turn right (weight on right)
7&8 Stepping forward left, right, left (06;00)

(17- 24) Full turn left, shuffle forward, rock recover, coaster step

1-2 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left (06 :00)
3&4 Stepping forward right, left, right.
5-6 Rock forward on left, recover on right
7&8 Step back on left , right beside left, step forward on left (06:00)

(25-32) Step forward, ¼ turn left, cross shuffle right, weave, sway left & right.

1-2 Step forward on right, ¼ turn left stepping on left (09;00)
3&4 Cross right over left, step left to left, cross right over left
&5&6 Step left to left, cross right behind, step left to left, cross right over left
7-8 Sway left to left and right (09;00)

Contact - Website : www.meiskedance.com / www.sagitadance.com.