

Heading For You (P)

拍数: 32 墙数: 0 级数: Improver - Partner
编舞者: Arne Stakkestad (BEL) - October 2012
音乐: Heading For You - Paul & Helen Mateki



Alt. music: "Heading For You" by Rene Gylline

Info: Start in open promenade at vocals, Steps for Man, Lady dances opposite, RH Man holds LH Lady

[1-8] Walk Forw R, L, Stomp, Kick, Stomp, Flick, Kick Ball Step

1-2 RF step forward, LF step forward
3-4 RF stomp beside LF, RF kick forward
5-6 RF stomp beside LF, RF kick backwards
7&8 RF kick forward, RF step beside LF, LF step forward

[9-16] ¼ L Side, Behind, Side, Cross Kick, Side, Cross Kick, Sway, Sway

1-2 ¼ left, RF step right side, LF cross behind RF

Partners now back to back, hold both hands

3-4 RF step right side, LF kick diagonally right forward
5-6 LF step left side, RF kick diagonally left forward
7-8 RF step right side sway hips right, sway hips left

[17-24] ¼ R Shuffle Forw, ¼ R Chasse, ¼ R schuffle Backw, Coasterstep

1&2 ¼ right, RF step forward, LF step beside RF, RF step forward

RH Man holds Lady's LH

3&4 ¼ right, LF step left side, RF step beside LF, LF step left side

Hold both Hands

5&6 ¼ right, RF step backwards, LF step beside RF, RF step backwards

LH Man holds Lady's RH

7&8 LF step backwards, RF step beside LF, LF step forward

[25-32] Rocking Chair, Pivot, Full Turn

1-2 RF rock forward, return weight on LF
3-4 RF rock backwards, return weight on LF
5-6 RF step forward, ½ left, weight on LF

Release Hands

7-8 ½ left, RF step backwards, ½ left, LF step forward