

Wonder And Delight

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rep Ghazali (SCO) - October 2012
音乐: Excited - Miko Marks : (iTunes)



16 count intro start on vocal

[01-08] L SIDE ROCK-RECOVER R, L CROSS-SWEEP R, R CROSS-BACK L, 5/8 TURN R-FWD L

- 1-4 rock Left to Left side, recover on Right, cross Left over Right, sweep on Right from back to front
5-6 cross Right over Left, step back Left
7-8 5/8 turn Right by stepping forward Right facing Right diagonal, step forward Left (7.30)

[09-16] R SIDE ROCK-RECOVER L, R SAILOR, L TOUCH BACK L-UNWIND ½ TURN L, R KICK BALL TOUCH

- 1-2 rock Right to Right side, recover on Left (squaring to back wall) (6)
3&4 step Right behind Left, step Left to Left side, step Right to Right side
5-6 touch Left toe back, unwind ½ turn Left keeping weight on Left (12)
7&8 kick Right forward, step back Right, touch Left across Right (12)

[17-24] L STEP-R LOCK, L STEP-R SWEEP ¼ TURN L, R JAZZ BOX TOUCH

- 1-2 step forward Left, lock Right behind Left
3-4 step forward Left, sweep Right making ¼ turn Left (9)
5-8 cross Right over Left, step back Left, step Right to Right side, touch Left together

[25-32] ¼ TURN L-¼ TURN L, L SIDE SHUFFLE, R ROCK BACK-RECOVER L, R SHUFFLE FWD

- 1-2 ¼ turn Left by stepping forward Left, ¼ turn Left by stepping Right to Right side (3)
3&4 step Left to Left side, step Right together, step Left to Left side
5-6 rock back Right, recover on Left
7&8 step forward Right, step Left together, step forward Right (3)

[33-40] L ROCK FWD-RECOVER R, L SIDE ROCK-RECOVER L, L JAZZ BOX ½ TURN L

- 1-4 rock forward Left, recover on Right, rock Left to Left side, recover on Right
5-6 cross Left over Right, step back on Right
7-8 step Left to Left side, ½ turn Left by stepping back on Right (9)

[41-48] FULL TURN LEFT, L COASTER, ¼ TURN L-TOUCH L, L KICK BALL CROSS

- 1-2 ½ turn Left by stepping forward on Left, ½ turn Left by stepping back Right

Easier option step 1-2: walk back Left, walk back Right

- 3&4 step back Left, step Right together, step forward Left
5-6 ¼ turn Left by stepping Right to Right side, touch Left together (6)
7&8 kick Left diagonally forward Left, step back Left, cross Right over Left

Restart: 2nd wall

[49-56] L SIDE ROCK-RECOVER R - L BEHIND, R SIDE ROCK-RECOVER L - R CROSS, L BACK-R TOGETHER

- 1-3 rock Left to Left side, recover on Right, step Left behind Right
4-6 rock Right to Right side, recover on Left, step Right across Left
7-8 step back Left, step Right together

[57-64] L SHUFFLE FWD, FWD R-SWEEP L, L JAZZBOX CROSS

- 1&2 step forward Left, step Right together, step forward Left
3-4 step forward Right, sweep Left from back to front

5-6 cross Left over Right, step back Right
7-8 step Left to Left side, cross Right over Left (6)

Restart: 2nd wall dance to count 48 - then Start again from front wall.

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